MINOR IN HEALTH

WHY GET A HEALTH MINOR?

EXPAND YOUR KNOWLEDGE
With a minor in Health, you are going to learn how to enhance personal health and fitness, educate others about health, and become an advocate and leader in lifelong healthy living for others.

PREPARE FOR YOUR FUTURE
Black Hills State University provides cutting-edge instruction and exciting learning experiences to prepare you for the future you want!

LEARN FROM THE BEST
Come join other students with faculty who care about each student and their career goals. Faculty members work one-on-one with students to plan and implement their plan of study to best meet the students’ career goals. Practical applications, technology in the classroom, and hands-on learning projects make for an exciting environment to learn from the best.

ENJOY THE EXPERIENCE
Exciting adventures on and off campus in the best health and fitness community in the state are available to you. Try new experiences and meet new friends on the beautiful Black Hills campus in Spearfish, South Dakota.

HEALTH MINOR COURSES

- **HEALTH 110** Health Concepts
- **HEALTH 201** Alcohol, Tobacco and other Drugs
- **HEALTH 251** First Aid and CPR
- **HEALTH 370** Stress Management
- **HEALTH 410** Current Issues in Health
- **HEALTH 420** K-12 Methods of Health Instruction
- **HEALTH 422** Nutrition

FIND YOUR CAREER

- Lead exercise and wellness activities
- Teach health education
- Write articles with a health focus
- Work for a health business or organization
- Blog online health information
- Advocate for health in the community
- Be prepared for a graduate degree

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