



1200 University Street, Unit 9401  
Spearfish, South Dakota 57799

Outdoor Education Program

Phone: (605) 642-6027

Fax: (605) 642-6539

## COURSE INFORMATION: Basic Archery Instructor-Trainer (3 day)

Sponsored by BHSU Outdoor Program and SD Game, Fish, and Parks

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**DATES:** *8:00AM-5:00PM January 19-21, 2019; arrive by 7:45 first day to complete registration paperwork*

**COST:** *\$30; \$40 for optional college credit*

**LOCATION:** *Donald Young Center on the campus of Black Hills State University, Spearfish, SD*

### COURSE DESCRIPTION

The basic Archery Instructor-Trainer course prepares participants with some background in archery and/or education to train others as Basic Archery Instructors. Following the "See one, do one, teach one" model, it consists of the one-day Basic Archery Instructor Course (Day 1), then additional training on archery, management, and instruction (Day 2), and then planning and leading the Basic Archery Instructor Course (Day 3).

Both courses follow the National Archery in the Schools Program (NASP) criteria and protocol. For more information about NASP, go to <https://www.naspschools.org/about/about-nasp>.

### CLASS FORMAT AND PERSONAL PREPAREDNESS

Check in is 7:45 a.m. on the first day. Course days run from 8:00 a.m. to 5:00 p.m.

The class format is classroom lectures integrated with skills practice sessions. Attendance is required at all classes.

Scenarios and practice sessions will take place in both classroom and field house or gym. Bring comfortable, casual clothing.

### PACKING CHECKLIST

- ✓ Notebook and pencil or pen
- ✓ Re-usable water bottle
- ✓ Snacks
- ✓ Sack Lunch or money for purchasing fast food at the lunch break.
- ✓ Comfortable clothing that allows you freedom of movement. The classrooms can sometimes be warm or cold, so bring layers.

### COURSE SCHEDULE

#### *Day One*

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7:30 Doors unlocked

7:45 **Registration and Handing Out of Literature**

8:00 **Welcome and Introduction**

8:15 **Overview of the National Archery in the School Program**

8:45 **Safe Range Set Up**

\*Evaluate the site, plan range lay-out

\*Explain set up of arrow net, targets, range lines, bow rack, quivers

\*Explain whistle commands and dry fire

9:15 **String Bow Training Device**

\*Determine Dominant Eye

\*Purpose and making a string bow

9:45 **Break**

- 10:00 **11 Steps to Archery Success**  
 \*Use string bow to teach form, execution, and reflection  
 \*Practice with String Bow
- 10:15 **Individual and Coaching Skills Development**  
 \*Coaching Positions  
 \*Positive feedback, classroom management
- 10:40 **Safety Orientation and Teaching a New Archer**  
 \*operating a safe range and demonstrating a shot  
 \*supervising initial shooting
- 11:10 **Practical Exercise for Students**  
 \*Students practice running the range and practice coaching
- 11:30 **Sack Lunch**
- 12:30 **Continue Practical Exercise for Students**
- 1:50 **Break**
- 2:05 **Running the Range**  
 \*Students run the range at full speed
- 2:45 **Equipment Nomenclature, Inspection, Operation, Maintenance and Repair**  
 \*Arrow station  
 \*Bow station
- 3:45 **Break**
- 4:00 **Wrap Up Activities, Test Review, Take Test, Grade, Complete Paperwork**
- 5:00 **Adjourn**

## *Day Two*

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- 7:30 Outside doors unlocked
- 8:00 **How to Introduce a Subject** Instructor
- 8:05 **Effective Use of Visual Aids** Instructor
- 8:10 **Practice coaching and Shooting** Instructor  
 Begin Practice Teaching and Critiquing
- 8:45 **Safe Range Set Up and Operation** Student-led lesson
- 9:10 **String Bow Training Device** Student-led lesson  
 \*Determine dominant eye (10 min)  
 \*Purpose and making a string bow (20 min.)
- 9:40 **11 Steps to Archery success** Student-led lesson
- 10:15 **Break**
- 10:30 **Individual and Coaching Skills Development** Student-led lesson  
 \*Coaching positions (10 min.)  
 \*Positive reinforcement and feedback (10 min.)  
 \*Disruptive students (10 min.)
- 11:00 **Safety orientation and Teaching a New Archer** Student-led lesson
- 11:20 **Running the Range and Practice Coaching** Student-led lesson
- 12:00 **Lunch**
- 12:30 **Practice coaching and shooting** Instructor  
 Continue Practice Teaching and Critiquing
- 1:30 **Equipment Nomenclature, Inspection, Operation** Student-led lesson  
 \*Arrow station (30 min.)  
 \*Genesis bow station (30 min.)
- 2:30 **Break**
- 2:45 **Logistics and Moderating a BAI course** Instructor
- 3:15 **Test Review, Testing and Paperwork** Instructor
- 5:00 **Adjourn for the day**

## Day Three

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Day three is taught by the new trainers under the supervision of the specialist. The students on this day are teachers who will teach the course in school. The schedule for day three is the same as the schedule for day one.

### TRAINING AND RETENTION

#### *Training Requirements for BAIT Candidates.*

- Candidate must be at least 18 years old.
- Candidate must be trained by a BAIT Specialist level instructor.
- BAIT course length is approximately 24 hours.
- Candidate must pass the BAI practical and score at least 80% on the exam.

#### *Retention Requirements for BAI Activity:*

Teach at least one BAI course every two years, complete a BAIT course, or retake the BAI course.

#### *Reporting:*

Complete annual reports at [www.naspbai.org](http://www.naspbai.org)

**Note:** Liability and Professional insurance are available at a minimal cost for NASP® trained individuals through 3DI - <https://www.naspschools.org/wp-content/uploads/2017/11/LiabilityInsurance3DI.pdf>

**IMPORTANT: National Archery in the Schools Program-Specific Note:** To assure effective program coordination and consistency in the NASP® instructors who want to present archery courses to teachers or students for the NASP®, must first get the approval of state, provincial, or country in question's NASP® Coordinator. This state NASP® Coordinator will make sure state-specific requirements are met.

### REGISTRATION

1. *Complete the Course Registration Form:* [www.BHSU.edu/OERRegister](http://www.BHSU.edu/OERRegister)
2. *Pay the Course Registration Fee:* \$10 at <http://emarket.bhsu.edu/>.

Your payment includes instruction, handouts, BAI guidebook, equipment use, and certification. A full refund will be given if we need to cancel the course for any reason.

Course Registration Fee is non-transferable. BHSU is not obligated to allow any student to attend the course until all payment and paperwork has been received, reviewed, and approved.

### POLICIES

#### *Cancellations*

If you cancel or withdraw from a course:

- Greater than or equal to 30 days prior to the course start date, BHSU will retain a \$5.00 administrative fee. The remainder of registration fees collected to date will be refunded.
- Within 30 days of the course start date, registration is non-refundable and non-transferable.
- Once the course begins, no refunds will be awarded. All course registrations are non-transferable.

#### *Pets*

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

#### *Alcohol and Tobacco*

No alcohol or tobacco is allowed outside of your personal vehicle

### COLLEGE CREDIT

The BAI course is pre-approved for one semester hour undergraduate (OE 292) or graduate (ED 592) credit through the Black Hills State University for \$40. To sign up for college credit, students complete a one-page registration form and submit cash, check or money order (no credit cards; there's an ATM in the lobby) for \$40 made out to "BHSU" the first day of the course. We also accept cash. BHSU students that wish the credits to appear on their spring transcript and count towards financial aid must register and pay the course registration fee and credit fee by December 15, 2018.

## STUDENT LOGISTICS

### *Meals and Lodging*

Meals and lodging are not offered for this course. The Spearfish Chamber of Commerce has an excellent listing of area accommodations (motels, resorts, cabins, campgrounds). You may view these at

<https://business.spearfishchamber.org/list/category/lodging-1076> or call the Chamber of Commerce at 1-800-626-8013.

### *Location*

The course will be held in the Donald Young Center on the Campus of Black Hills State University in classroom 214 and outdoors on campus. Directions and a map can be viewed on the BHSU website: <http://www.bhsu.edu/About-BHSU/Campus-Map>. Enter by any of the entrances and proceed to the second floor, following the signs to the classroom.

## CONTACT INFORMATION

Please contact us with any questions or concerns you may have.

**Course Host:** *Chris McCart, BHSU Outdoor Education Program Coordinator*

*Mailing: 1200 University Street #9401, Spearfish, SD 57799*

*Office Phone: 605-642-6027*

*Email: [Christine.McCart@BHSU.edu](mailto:Christine.McCart@BHSU.edu)*

*Website: [www.bhsu.edu/outdoored/](http://www.bhsu.edu/outdoored/)*



**NASP Trainer:** *Curt Robertson, Whippoorwill Outdoor Programming*

*Mailing: 107 Robnett, Licking, MO 65542*

*Phone: (605) 220-2130*

*Email: [outdoorprogramming@gmail.com](mailto:outdoorprogramming@gmail.com)*

