## Exercise Science - Bachelor of Science
### Major Requirements

**Required Core = 41**

1. HLTH 251 First Aid & CPR
2. HLTH 370 Stress Management
3. HLTH 422 Nutrition
4. HLTH 425 Exercise Programming for Special Populations
5. HLTH 425L Exercise Programming/Special Populations Lab
6. PE 216 Fitness Assessment
7. PE 216L Fitness Assessment Lab
8. PE 250 Human Anatomy & Physiology
9. PE 250L Human Anatomy & Physiology Lab
10. PE 350 Exercise Physiology
11. PE 353 Kinesiology
12. PE 354 Care & Prevention of Athletic Injuries
13. PE 462 Exercise Leadership
14. PE 482 Theory of Strength Training/Conditioning
15. PE 494 Internship

### Social Science - 3 courses required
- ANTH: 210, 220, 230
- CJUS: 201
- ECON: 101, 201, 202
- HDFS: 141, 210
- GEOG: 101, 210, 212, 219
- GLST: 201
- HIST: 151, 152, 256, 257, 313
- POLS: 100, 102, 141, 215, 250, 253, 349
- PSYC: 101, 102
- REL: 237
- SOC: 100, 150, 240, 250, 285, 350

### Arts & Humanities - 4 courses required
- ART: 111, 112, 121, 123
- GFA: 101
- ARTH: 100, 121, 211, 212, 231, 251
- ENGL: 210, 211, 212, 214, 221, 222, 230, 240, 241
- ENGL: 242, 248, 249, 250, 256, 258, 268, 320, 411
- HIST: 111, 112, 121, 122
- MFL: 101, 102, 134
- MUS: 100, 121, 211, 212, 230, 240, 250, 285, 350
- PSYC: 101, 102
- REL: 237
- SOC: 100, 150, 240, 250, 285, 350

### Additional Requirements
- 50% of major/minor courses must be from BHSU
- Social Science: take 3 courses from at least two different subject areas.
- Arts & Humanities: take 4 courses from at least two different subject areas (ART(H) are the same subject).
- Health Minor - 18 hours
  - HLTH 110 Health Concepts
  - HLTH 201 ATOD Prevention Ed
  - HLTH 251 First Aid & CPR
  - HLTH 370 Stress Management
  - HLTH 410 Current Issues in Health
  - HLTH 420 Methods Health Instruction
  - HLTH 422 Nutrition

### Global Requirement
Take 1 course from:
- AIS/HIST 257, ANTH 210, ARTH 211/212/251, ENGL 211/212, GEOG 210, HIST 121/122/153, HUM 100, MCOM 151, POLS 141/250

### Management Specialization = 18 hours

(B.B.S.EXSC-EMGT)
- BADM 334 Small Business Management
- BADM 336 Entrepreneurial Studies I
- BADM 370 Marketing
- BADM 438 Entrepreneurial Studies II
- BADM 474 Personal Selling
- OE 376 Technology Integration

### Total Credits
- 120 hours are required to graduate
- 36 hours of upper level are required

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**Gen Ed Requirements**

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<tr>
<th>Course</th>
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<th>Needs</th>
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<tr>
<td>ENGL 101 Composition I</td>
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<tr>
<td>ENGL 201 Composition II</td>
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<td>SPCM 101 215 222</td>
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<td>MATH 102, 103, 104, 115, 120, 121, 123, 281</td>
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<td>WEL 100/L Wellness &amp; Lab</td>
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### Health Minor - 18 hours

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### Additional Hours
- 59 additional hours to total 120