BLACK HILLS	2025-2 Minor: Athletic C	ercise Science 5-2026 - Status Sheet tic Coaching helor of Science				BBS.EXS-SCI BBS.EXS-STC Prepared by:	Exit Exam: <u>PE 462</u>				
STATE UNIVERSITY	-	e required to gra	duate			Phone #:					
		pper level are req			-	Date:					
		Has Needs						Ha	_	Need	
Gen Ed Re	equirements	100 300 100 300 200 400 200 400				Major Requirements		100 200			300
3 ENGL 101 Comp		200 400 200 400		Requi		re = 55 hours		200	400	200 4	100
3 ENGL 201 Comp			2	EXS		The Exercise Science Major			-		-
3 CMST 101 215			4	EXS		Human Anatomy & Physiology	/I ab		-		-
	115, 120, 121, 123, 281		3	EXS		Fitness Assessment/Lab					
3-5 Natural Science & Lab			3	EXS		Exercise & Chronic Disease					
3-5 Natural Science & Lab			3	EXS		Medical Word Origins					
SOCIAL SCIENCE: take 2 co	ourses from two differen	t subject areas 1	3	EXS		Intro to Research					
must be an * course - Civics			4	EXS		Exercise Physiology/Lab					
take 2 courses from two dif			4	EXS		Kinesiology/Lab					
subject) or a Fo	oreign Language sequer	ice.	3	EXS		Care & Prevention of Athletic Inju	uries/Lab				
Social Science - 2 cours			3	EXS	425/L	Exer Program for Special Population	ons/Lab	\square		╈	
ABS 203, ANTH 210, 220,	230, CIV 100*, CJUS		3	EXS		Motor Learning & Developmen		\square		╈	
201, CMST 201 ECON 201			4	EXS		Biomechanics/Lab			_1		
200, 210, 212, 219 , GLST			2	EXS	462	Exercise Leadership					
HIST 151*, 152*, 256, 257, 110 , POLS 100*, 102, 141			3	EXS		Theory of Strength Training/Cond	ditioning				
PSYC 101 , REL 237 , SO			2	EXS		Applied Human Performance					
250, 285, SUST 201 , UHO			5	EXS		Internship					
247			1	HLTH	251	First Aid & CPR					
Arts & Humanities - 2 co	ourses required		3	HLTH	422	Nutrition					
ARCH 241, ART 111, 112,			Sel	ect one	Speci	alization					
100, 121, 211, 212, 231, 25 211, 212, 214, 221, 222, 23				Scien	ice Sp	ecialization = 13-15 hours					
211, 212, 214, 221, 222, 23 248, 249, 250, 256, 258, 26				(BBS.E	xs-sci)					
201, 202, GER 101, 102, 2				BIOL	101/L	Biology Survey I/Lab &					
112, 121, 122 HUM 100, ²				BIOL	103/L	Biology Survey II/Lab					
102, 201, 202 , MCOM 151			6-8			OR					_
MUS 100, 117, 130, 131, 2				BIOL	151/L	General Biology I/Lab &					
PHIL 100, 200, 215, 220, 2 REL 213, 224, 225, 238, 25						General Biology II/Lab					
201, 202, THEA 100, 131, 2											
	,,,,,,			CHEM	106/L	Chemistry Survey/Lab			_	-	-
			4	0		OR					
Addl. hours in major/min	nor to meet 50% rule			CHEM	112/L	General Chemistry I/Lab					
-	meet 60 from 4-yr Inst.					\$					
Addl. hours to	o total 36 upper level			MATH	281	Introduction to Statistics					
	dl. hours to total 120		3			OR					
Minor in Athletic Coach				PSYC	371	Statistics in Psychological Res	earch				_
	n A & P & Lab	see major		Stron	ath g	Conditioning Specialization	n = 16 hav	Ц	-+	+	-
	Care of Ath Inj & Lab	see major			-	Conditioning Specialization	n – To noul	3	\rightarrow	+	\neg
3 HLTH 422 Nutriti		see major	3	(BBS.E	XS-STC	Stress Management		\vdash	+	+	-
3 PE 300 Applie 2 take one of the followin	ed Sport/Exercise Sci	┝┼┼┽┨	3	HLTH		Current Issues in Health		\vdash	\dashv	+	-
	ning Baseball/Softball	┝┼┼┼╢	4	EXS		Exercise Science Internship		\vdash	+	+	-
	ning Basketball		3	PE	-	Applied Sport & Exercise Scier	nce	\vdash	-	+	\dashv
	ning Football		1	PE		Weight Training for Life		\square	1	╈	Τ
	ning Track/Field		2	PE	453	Sport Psychology					
	ning Volleyball										
4 take two of the followin	ng		1								
-	Admin of HPER/A		1					Ш	\square	\square	
PE 453 Sport			1					Щ			
	ning Methods (not		1					\square	_		
	ously used above)							\vdash	\rightarrow	-+	
+ (If Necessary) Addition	al hours in minor to mee	et 50% rule						\vdash	\dashv	+	_
		┝┼┼┼╢	1					\vdash	+	+	-
		┝╶┼╴┼╶┨	1					\vdash	+	+	\dashv
								\vdash	+	+	\neg
Т	OTALS:		87-90	1		TOTALS:		t t			1