



THE ULTIMATE PARENT RESOURCE

General Information

Move-in Weekend- Move in starts the morning of Friday, August 18, 2023. The following day is Service Saturday, where new students will have the opportunity to join service projects across Spearfish. That evening, the BHSU campus is hosting a glow dance. On Sunday August 20, 2023, there will be various sessions regarding academics, then a tailgate party that night for new and current students.

[Academic Calendar](#) is available for you to review. We ask that you plan accordingly when you finalize your family vacations, events and visits.

Advising- BHSU provides both Professional Academic advising for students. If your student needs help scheduling classes or finding what courses they need, they can create an appointment with an advisor on Jacket Hub. To access Jacket Hub, students must log onto MyBHSU/SNAP, then click on Jacket Hub underneath Student Links.

Paying for college is an individual family topic. Some students and their families may choose to take out loans, some may be relying on additional assistance from federal grants. Because each collegiate experience is different for each student, the following links have been provided to assist you in your financial conversations and decisions.

Finances and Expenses:

- [Tuition and fees](#)
- [Textbooks and course materials](#)
- [Parking](#)
- [Housing](#)
- [Budget Estimator](#)

Savvy ways to Finance College:

- [Financial Aid](#)
- [Grants and Loans](#)
- [Work-Study](#)
- [Scholarships](#)
- [Student Employment](#)

Student Engagement

Student Involvement- At Black Hills State University, we have various opportunities for our students to get involved on campus. With over 40 student organizations, there are plenty of great ways for students to engage outside of the classroom. Use the hyperlinks below to explore different organizations, programs, and events.

Student Government- The BHSU Student Senate is charged with representing students before the President of the University, faculty, campus committees, and the SD Board of Regents in order to serve as a medium to further general cooperation and unity. We promote student activities and act on matters relating to student affairs.

Student Media- KBHU-TV, The Buzz FM, Shutterbuzz, the Jacket Journal, and BHSUmedia.com all provide creative outlets for audio, visual, and written communication. Students of all majors and interests are welcome to participate.

[Student Clubs & Organizations](#)- Black Hills State University has over 40 different clubs and organizations available for all students. They provide opportunities for academic growth, career development, social interactions, and promote both physical and mental health.

Campus Recreational opportunities are provided at the [Donald E. Young Center](#) at the north end of campus. Students have free access to the weight and fitness room, aquatics center and field house. Additionally, students can establish their own team and compete in our intramural program, [Rec Sports](#).

Annual Events- We have an assortment of events that we host every year. Some of them include Swarm Days, Casino Night, and Sting in the Spring. To stay updated on these events and so much more, have your student download the BHSU campus activities app.

Academic Success Programs

[TRIO Student Support Services \(SSS\)](#) is one of seven federal TRIO programs, funded by the U.S. Department of Education, for students who are serious about graduating from college. SSS helps students to stay in college until they earn their baccalaureate degrees. If you are willing to take advantage of academic, financial, and other services to achieve your goals, contact us today at 605.642.6824. Check out our website to see if you're eligible.

[Writing Center](#) provides BHSU students a variety of services including one-on-one consultations for writing assignments, group writing projects and assistance with researching, documenting sources and avoiding plagiarism. The staff review grammar and punctuation rules, provide feedback on speeches and presentations and give advice on writing career readiness documents.

[Math Assistance Center](#) provides tutoring for a variety of math classes including algebra, stats, calculus, and trigonometry.

[Disability Resources](#): Black Hills State University strives to ensure that physical resources, as well as information and communication technologies, are accessible to users in order to provide equal access to all. If you encounter any accessibility issues, you are encouraged to immediately contact the instructor of the course and the Office of Disability Services Coordinator - Jennifer Lucero, at 605-642-6099, fax number 605 642 6478, or via email at Jennifer.Lucero@bhsu.edu which will work to resolve the issue as quickly as possible.

[Housing & Residence Life](#) offers many benefits of living on campus. Being at the heart of campus allows students the ideal location for parking, close proximity to classes, and easy access to campus activities. All utilities are included in the cost of your room, and there is maintenance available with on-call staff for evenings and weekends. To keep you safe, the Safety and Security officers do rounds to check buildings and work directly with the Spearfish Police Department if additional assistance is needed.

[Campus Dining](#) creates a variety of delicious, well-balanced meals every day to nourish the soul and feed our students so that they can flourish as Yellow Jackets. Download the BHSU Activities app to view the dining menu.

Student Health: When you are feeling under the weather or need health care advice, Student Health Services is the place to go. A Certified Nurse Practitioner is available 35 hours a week to address your medical concerns. The Health Services office is open while classes are in session. Office Hours: Monday through Friday 8am-noon and 1pm-5pm. Students may call 605-642-6520 to make an appointment.

Black Hills State University Counseling provides on-campus counseling to currently enrolled students. Our professional counselors are committed to providing unbiased, culturally sensitive, high-quality care to students in a non-judgmental, objective, confidential setting. Our counseling services are for a wide variety of concerns such as day to day stress, immediate crisis, academic concerns, relationship stressors, adjustment concerns, personal growth, etc.

Campus Safety- Student Safety is our number one concern on campus. To ensure all are safe, we have the following services available.

[Campus Safety](#)

[Title IX – Reporting](#)

[Emergency Notifications](#)

Family Educational Rights and Privacy Act (FERPA)

WHAT IS FERPA?

The Family Educational Rights and Privacy Act (FERPA) is a U.S. federal law that protects the privacy of student educational records. FERPA protects your student's rights by ensuring we don't release any information to anyone without their consent; that includes you, as parents. In order for you to have access to this information, your student will need to go to approve you for access.

Basic facts for parents:

- People with bachelor's degrees earn \$1m more over the course of their career
- Financial difficulties are the number one reason students drop out
- Students with a connection are more likely to graduate

Parents should encourage their students to do the following to help them graduate on time:

- Enroll in GS 100
- Meet with an adviser and create an academic plan
- Enroll in 15 credits each semester
- Complete the FAFSA each fall
- Apply for scholarships each year
- Get involved on campus
- Create a four year financial plan

Phone Numbers & Contact Information New Student Orientation/Registration:

Jane Klug
Dean of Students:
605.642.6080
Jane.Klug@bhsu.edu

John Allred
Vice President for Enrollment Services:
605-642-6599
John.Allred@bhsu.edu

Jon Kilpinen
Provost & Vice President for Academic
Affairs:
605-642-6262
Jon.Kilpinen@bhsu.edu

John Ginther
Director of Residence Life:
605-642-6464
John.Ginther@bhsu.edu

Financial Aid: 605.642.6145
BHSUfinancial@BHSU.edu

Director of Public Safety:
605-641-6988
publicsafety@bhsu.edu

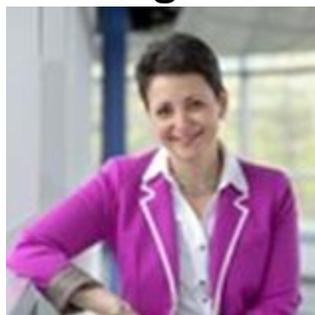
Student Health & Counseling: 605-642-
6520

Student Engagement & Leadership
Center: 605.642.6378

Cashier/Payment Plan: 605.642.6480

Ron Showman, Dining Services:
605.642.6060
Ron.Showman@BHSU.edu

Beyond Storage Bins and Shower Shoes: Your REAL Packing List for College



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What you really need to bring with you won't fit in a suitcase. This fall, I am sending my twins, Jacob and Sophie, off to their first year of college. As we prepare to send our son to the University of Michigan, and our daughter to Duke University, our living room looks like an outpost of Target, Costco, CVS, and much more. Bins of shampoo, toothpaste, and band-aids sit atop piles of shorts, sweatshirts, and socks, which are abutting stacks of blankets, power strips, and Febreze.

I am not sure that they'll need all of that. (I feel relatively confident that the Febreze will come home at the end of the school year still sealed). And I also know that they'll need more than that

to make the most of this incredible adventure and opportunity in front of them. And they just may need a little reminding.

So, in addition to the STUFF they're packing in their duffle bags, suitcases, and boxes, I am sending them off with a list of what they need to remember that they've already packed into their hearts, minds, and souls:

- **Advocacy:** Stand up for yourself, for others, and for your beliefs.
- **Bravery:** It's all going to be new for you, and some of it will be intimidating. Do it anyway.
- **Curiosity:** Assume that, as much as you already know, there's so much more that you don't yet know. Go after the new stuff.
- **Discernment:** Know that what's right for others may not be right for you, and vice versa, and make the decision that's right for you.
- **Emotional Intelligence:** From euphoria and glee to dread and loneliness, you're going to experience a wide range of feelings. Emotions are data, and be willing to analyze that data to understand what's going on for you. (Also see M: Mental Health).
- **Faith:** Trust that things are meant to work out for you in the long run, even if today's setback doesn't make it feel that way. You can't always see the path, but keep taking steps forward.
- **Generosity:** Share your time, your empathy, and yes, even your pizza. You have more than enough.
- **Humility:** You are about to find out that you can't do college alone. Be humble enough to ask for and accept help.
- **Integrity:** Let your moral compass guide your decisions and actions, and tell the truth – no matter how hard it may be.
- **Joy:** Being cynical, hypercritical, or aloof isn't cool. Being positive, enthusiastic, and optimistic is.
- **Kindness:** Assume everyone is struggling in some way. Be the person who cares about others. (And don't forget to be kind to yourself, too).
- **Listening:** This is the only way you're going to learn – especially if you listen to truly understand, rather than listening only long enough to plan your rebuttal.
- **Mental health:** If you're feeling anxious, sad, frustrated, lost, lonely, hopeless, or helpless, you don't have to suffer. Call us, call a friend, and call the counselors on campus – ASAP. (And if you notice someone else suffering, be the friend who doesn't let them struggle alone.)
- **No:** Say no when someone offers you one more drink, and you know you've had enough. Say no when someone suggests you blow off studying so you can go to a party. Say no when someone wants you to do something that violates your integrity, beliefs, or values. Say no when you don't give consent, and listen to a no when someone doesn't give you consent.
- **Options:** You always have choices available to you – from what classes to take and whether to use drugs to who you hang out with and whether you plan ahead. (What isn't an option? Telling us "I had no choice" when things get hard.)
- **Perseverance:** Great opportunities are often accompanied by great roadblocks. You can get over them, under them, through them, or around them – especially if you ask for help.

- **Quiet:** Take time and space for yourself, to be alone, to decompress, to focus, to regroup, and to reflect.
- **Responsibility:** You own your decisions and the consequences of those decisions. (That's adulthood, my loves.)
- **Street smarts:** Book smarts isn't enough. Be aware of your surroundings so that you stay safe – and reach out to help others who may appear lost or frightened.
- **Time management:** You won't "run out of time" to get work done if you plan for it, schedule it, and honor the schedule you've created for yourself. (And yes, this may mean saying "I'll catch you next time" if your friends invite you out when you'd planned to study.)
- **Upside:** In the face of disappointments, frustrations, and even failures, you'll discover the lessons that will serve you for the rest of your life.
- **Values:** Live by the principles that have gotten you this far – and be open to new ideas about what will make your life meaningful to you.
- **Warmth:** Be the person who offers a (consensual) hug, a cookie, an ear, and a shoulder to lean on.
- **Xenophilia:** Be welcoming, accepting, and inviting of new people, cultures, and customs.
- **Yourself:** Be you, and not anybody else. You are already enough.
- **Zeal:** If you find a subject you love, go deep. If you find a hobby, a club, or a cause you adore, dig in. If you find a person you care about, let them know how much they mean to you. Live with gusto!

All that Jacob and Sophie need to do is remember to unpack these as soon as they arrive. And, wherever and whenever possible, share them with their new friends and classmates — along with the care package of brownies I am planning to send them soon.

Deborah Grayson Riegel is a coach, speaker and author focused on presentation, communication and leadership skills. She is the CEO and Chief Communication Coach for Talk Support, and the Director of Learning for The Boda Group. She teaches Management Communication at Wharton and Executive Communication at the Beijing International MBA Program at Peking University, China. She is the proud author of the Udemy microlearning course, Smart Tips: Communication, which helps professionals at all levels build presentation skills, feedback skills, conflict management skills, and more. author of "Tips of the Tongue: The Nonnative English Speaker's Guide to Mastering Public Speaking" for global leaders who need to master the confidence, competence and cultural comfort of making presentations. She lives in New York with her husband, kids, and rescue dog, Nash, who loves her best.