



BLACK HILLS
STATE UNIVERSITY

Major: **Exercise Science**
2022-2023 - Status Sheet

Minor:
Degree: **Bachelor of Science**

120 hours are required to graduate
36 hours of upper level are required

BBS.EXS-SCI

BBS.EXS-MGT

Prepared by:

Phone #:

Date:

Exit Exam: PE 462

NAME:

Gen Ed Requirements	Has		Needs		Major Requirements	Has		Needs	
	100	300	100	300		100	300	100	300
3 ENGL 101 Composition I					<p>Required Core = 55 hours</p> <p>2 EXS 101 The Exercise Science Major</p> <p>3 EXS 130 Basic Medical Terminology</p> <p>4 EXS 250/L Human Anatomy & Physiology/Lab</p> <p>3 EXS 280/L Fitness Assessment/Lab</p> <p>3 EXS 285 Exercise & Chronic Disease</p> <p>3 EXS 300 Intro to Research</p> <p>4 EXS 350/L Exercise Physiology/Lab</p> <p>4 EXS 353/L Kinesiology/Lab</p> <p>3 EXS 354/L Care & Prevention of Athletic Injuries/Lab</p> <p>3 EXS 425/L Exer Program for Special Populations/Lab</p> <p>3 EXS 452 Motor Learning & Development</p> <p>4 EXS 454/L Biomechanics/Lab</p> <p>2 EXS 462 Exercise Leadership</p> <p>3 EXS 482 Theory of Strength Training/Conditioning</p> <p>2 EXS 489 Applied Human Performance</p> <p>5 EXS 494 Internship</p> <p>1 HLTH 251 First Aid & CPR</p> <p>3 HLTH 422 Nutrition</p> <p>Select one Specialization</p> <p>Science Specialization = 13-15 hours (BBS.EXS-SCI)</p> <p>BIOL 101/L Biology Survey I/Lab & BIOL 103/L Biology Survey II/Lab</p> <p>6-8 OR</p> <p>BIOL 151/L General Biology I/Lab & BIOL 153/L General Biology II/Lab</p> <p>CHEM 106/L Chemistry Survey/Lab</p> <p>4 OR</p> <p>CHEM 112/L General Chemistry I/Lab</p> <p>MATH 281 Introduction to Statistics</p> <p>3 OR</p> <p>PSYC 371 Statistics in Psychological Research</p> <p>Management Specialization = 15 hours (BBS.EXS-MGT)</p> <p>3 BADM 334 Small Business Management</p> <p>3 BADM 336 Entrepreneurial Studies I</p> <p>3 BADM 370 Marketing</p> <p>3 OE 376 Interpretive Media</p> <p>3 Take one of the following: BADM 360 Organization & Management BADM 369 Organizational Behavior & Theory BADM 438 Entrepreneurial Studies II</p>				
3 ENGL 201 Composition II									
3 CMST 101 215 222									
3 MATH: 103, 104, 114, 115, 120, 121, 123, 281									
3-5 Natural Science & Lab									
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SOCIAL SCIENCE: take 2 courses from two different subject areas.									
ARTS & HUMANITIES: take 2 courses from two different subject areas (ART/H) are the same subject), or a Foreign Language Sequence									
Social Science - 2 courses required									
ABS 203 ANTH 210, 220, 230 CJUS 201									
CMST 201 ECON 201, 202 GEOG 101, 200,									
210, 212, 219 GLST 201 HDFS 141, 210									
HIST 151, 152, 256, 257 INED 211 INFO 102									
NATV 110 POLS 100, 102, 141, 165, 210, 250,									
253 PSYC 101 REL 237 SOC 100, 150, 151,									
240, 250, 285 SUST 201 UHON 111, 210									
WMST 101, 247									
Arts & Humanities - 2 courses required									
ARAB 101, 102 ARCH 241 ART 111, 112,									
121, 123 ARTH 100, 120, 121, 211, 212, 231,									
251 CHIN 101, 102 ENGL 115, 125, 210, 211,									
212, 214, 221, 222, 230, 240, 241, 242, 248,									
249, 250, 256, 258, 268 FREN 101, 102, 201,									
202 GER 101, 102, 201, 202 GFA 101									
GREE 101, 102 HIST 111, 112, 121, 122									
HUM 100 200 LAKL 101, 102, 201, 202 LATI									
101, 102 MCOM 151, 160 MFL 101, 102									
MUS 100, 117, 130, 131, 200, 201, 203, 240									
PHIL 100, 200, 215, 220, 233, 240, 270, 287									
REL 213, 224, 225, 238, 250 RUSS 101, 102									
SPAN 101, 102, 201, 202 THEA 100, 131, 200,									
201, 231, 270									
Addl. hours in major/minor to meet 50% rule									
Addl. hours to meet 60 from 4-yr Inst.									
Addl. hours to total 36 upper level									
Addl. hours to total 120									
TOTALS:						TOTALS:			