



Major: **Exercise Science**
2021-2022 - Status Sheet

Minor: **Athletic Coaching**
Degree: **Bachelor of Science**

120 hours are required to graduate _____
36 hours of upper level are required _____

BBS.EXS-SCI
BBS.EXS-EMGT
Prepared by:
Phone #:
Date:

Exit Exam: PE 462

NAME: _____

				Has		Needs						Has		Needs											
Gen Ed Requirements				100	300	100	300	Major Requirements				100	300	100	300										
				200	400	200	400					200	400	200	400										
3	ENGL	101	Composition I					Required Core																	
3	ENGL	201	Composition II					2	EXS	101	The Exercise Science Major														
3	CMST	101	215 222					3	EXS	130	Basic Medical Terminology														
3	MATH:	103, 104, 114, 115, 120, 121, 123, 281						4	EXS	250/L	Human Anatomy & Physiology/Lab														
3-5	Natural Science & Lab							3	EXS	280/L	Fitness Assessment/Lab														
3-5	Natural Science & Lab							3	EXS	285	Exercise & Chronic Disease														
SOCIAL SCIENCE: take 2 courses from two different subject areas.								3	EXS	300	Intro to Research														
ARTS & HUMANITIES: take 2 courses from two different subject areas (ART/H) are the same subject), or a Foreign Language Sequence								4	EXS	350/L	Exercise Physiology/Lab														
Social Science - 2 courses required								4	EXS	353/L	Kinesiology/Lab														
ABS 203	ANTH 210, 220, 230	CJUS 201						3	EXS	354/L	Care & Prevention of Athletic Injuries/Lab														
CMST 201	ECON 201, 202	GEOG 101, 200, 210, 212, 219	GLST 201	HDFS 141, 210				3	EXS	425/L	Exer Program for Special Populations/Lab														
HIST 151, 152, 256, 257	INED 211	INFO 102						3	EXS	452	Motor Learning & Development														
NATV 110	POLS 100, 102, 141, 165, 210, 250, 253	PSYC 101	REL 237	SOC 100, 150, 151, 240, 250, 285	SUST 201	UHON 111, 210	WMST 101, 247	4	EXS	454/L	Biomechanics/Lab														
Arts & Humanities - 2 courses required								2	EXS	462	Exercise Leadership														
ARAB 101, 102	ARCH 241	ART 111, 112, 121, 123	ARTH 100, 120, 121, 211, 212, 231, 251	CHIN 101, 102	ENGL 115, 125, 210, 211, 212, 214, 221, 222, 230, 240, 241, 242, 248, 249, 250, 256, 258, 268	FREN 101, 102, 201, 202	GER 101, 102, 201, 202	GFA 101	GREE 101, 102	HIST 111, 112, 121, 122	HUM 100 200	LAKL 101, 102, 201, 202	LATI 101, 102	MCOM 151, 160	MFL 101, 102	MUS 100, 117, 130, 131, 200, 201, 203, 240	PHIL 100, 200, 215, 220, 233, 240, 270, 287	REL 213, 224, 225, 238, 250	RUSS 101, 102	SPAN 101, 102, 201, 202	THEA 100, 131, 200, 201, 231, 270				
Addl. hours in major/minor to meet 50% rule								Select one Specialization																	
Addl. hours to meet 60 from 4-yr Inst.								Science Specialization = 15 hours																	
Addl. hours to total 36 upper level								(BBS.EXS-SCI)																	
Addl. hours to total 120								BIOL 101/L Biology Survey I/Lab & BIOL 103/L Biology Survey II/Lab																	
Minor in Athletic Coaching - 19 hours								8	OR																
4	EXS	250/L	Human A & P & Lab	see major				BIOL 151/L General Biology I/Lab & BIOL 153/L General Biology II/Lab																	
3	EXS	354/L	Prev/Care of Ath Inj & Lab	see major				CHEM 106/L Chemistry Survey/Lab																	
3	HLTH	422	Nutrition	see major				4	OR																
3	PE	300	Applied Sport/Exercise Sci					CHEM 112/L General Chemistry I/Lab																	
2	take one of the following							MATH 281 Introduction to Statistics																	
	PE	469	Coaching Baseball/Softball					3	OR																
	PE	470	Coaching Basketball					PSYC 371 Statistics in Psychological Research																	
	PE	471	Coaching Football					Management Specialization = 15 hours																	
	PE	473	Coaching Track/Field					(BBS.EXS-MGT)																	
	PE	475	Coaching Volleyball					3 BADM 334 Small Business Management																	
4	take two of the following							3 BADM 336 Entrepreneurial Studies I																	
	PE	440	Org. & Admin of HPER/A					3 BADM 370 Marketing																	
	PE	453	Sport Psychology					3 OE 376 Interpretive Media																	
	PE	4xx	Coaching Methods (not previously used above)					3 Take one of the following:																	
								BADM 360 Organization & Management																	
								BADM 369 Organizational Behavior & Theory																	
								BADM 438 Entrepreneurial Studies II																	
TOTALS:								70	TOTALS:																

ID or SSN: _____