



Major: **Exercise Science**
2019-2020 - Status Sheet

Minor: **Health**
Degree: **Bachelor of Science**

120 hours are required to graduate _____
36 hours of upper level are required _____

BBS.EXS-SCI

BBS.EXS-MGT

Prepared by:

Phone #:

Date:

Exit Exam: PE 462

NAME:

				Has		Needs						Has		Needs						
Gen Ed Requirements				100	300	100	300	Major Requirements				100	300	100	300					
				200	400	200	400					200	400	200	400					
3	ENGL	101	Composition I					Required Core												
3	ENGL	201	Composition II					2	EXS	101	The Exercise Science Major									
3	SPCM	101	215 222					3	EXS	130	Basic Medical Terminology									
3	MATH:	103, 104, 114, 115, 120, 121, 123, 281						4	EXS	250/L	Human Anatomy & Physiology/Lab									
3-5	Natural Science & Lab							3	EXS	280/L	Fitness Assessment/Lab									
3-5	Natural Science & Lab							3	EXS	285	Exercise & Chronic Disease									
SOCIAL SCIENCE: take 2 courses from two different subject areas.								3	EXS	300	Intro to Research									
ARTS & HUMANITIES: take 2 courses from two different subject areas (ART/H are the same subject), or a Foreign Language Sequence								4	EXS	350/L	Exercise Physiology/Lab									
Social Science - 2 courses required								4	EXS	353/L	Kinesiology/Lab									
ABS 203 ANTH 210, 220, 230 CJUS 201								3	EXS	354/L	Care & Prevention of Athletic Injuries/Lab									
ECON 201, 202 GEOG 101, 200, 210, 212, 219 GLST 201 HDFS 141, 210 HIST 151, 152, 256, 257 INED 211 INFO 102 NATV 110 POLS 100, 102, 141, 165, 210, 250, 253 PSYC 101 REL 237 SOC 100, 150, 151, 240, 250, 285 SPCM 201 SUST 201 UHON 111, 210 WMST 101, 247								3	EXS	425/L	Exer Program for Special Populations/Lab									
Arts & Humanities - 2 courses required								3	EXS	452	Motor Learning & Development									
ARAB 101, 102 ARCH 241 ART 111, 112, 121, 123 ARTH 100, 120, 121, 211, 212, 231, 251 CHIN 101, 102 ENGL 115, 125, 210, 211, 212, 214, 221, 222, 230, 240, 241, 242, 248, 249, 250, 256, 258, 268 FREN 101, 102, 201, 202 GER 101, 102, 201, 202 GFA 101 GREE 101, 102 HIST 111, 112, 121, 122 HUM 100 200 LAKL 101, 102, 201, 202 LATI 101, 102 MCOM 151, 160 MFL 101, 102 MUS 100, 117, 130, 131, 200, 201, 203, 240 PHIL 100, 200, 215, 220, 233, 240, 270, 287 REL 213, 224, 225, 238, 250 RUSS 101, 102 SPAN 101, 102, 201, 202 THEA 100, 131, 200, 201, 231, 270								4	EXS	454/L	Biomechanics/Lab									
Addl. hours in major/minor to meet 50% rule								2	EXS	462	Exercise Leadership									
Addl. hours to meet 60 from 4-yr Inst.								3	EXS	482	Theory of Strength Training/Conditioning									
Addl. hours to total 36 upper level								2	EXS	489	Applied Human Performance									
Addl. hours to total 120								5	EXS	494	Internship									
Health Minor - 18 hours								1	HLTH	251	First Aid & CPR									
3	HLTH	110	Health Concepts					3	HLTH	422	Nutrition									
2	HLTH	201	ATOD Prevention Ed					Select one Specialization												
1	HLTH	251	First Aid & CPR					Science Specialization = 15 hours												
3	HLTH	370	Stress Management					(BBS.EXS-SCI)												
3	HLTH	410	Current Issues in Health					BIOL 101/L Biology Survey I/Lab &												
3	HLTH	420	K-12 Mthds Hlth Instruction					BIOL 103/L Biology Survey II/Lab												
3	HLTH	422	Nutrition					8 OR												
								BIOL 151/L General Biology I/Lab &												
								BIOL 153/L General Biology II/Lab												
								4 OR												
								CHEM 106/L Chemistry Survey/Lab												
								4 OR												
								CHEM 112/L General Chemistry I/Lab												
								MATH 281 Introduction to Statistics												
								3 OR												
								PSYC 371 Statistics in Psychological Research												
								Management Specialization = 15 hours												
								(BBS.EXS-MGT)												
								3 BADM 334 Small Business Management												
								3 BADM 336 Entrepreneurial Studies I												
								3 BADM 370 Marketing												
								3 OE 376 Interpretive Media												
								3 Take one of the following:												
								BADM 360 Organization & Management												
								BADM 369 Organizational Behavior & Theory												
								BADM 438 Entrepreneurial Studies II												
TOTALS:								70	TOTALS:											

ID or SSN: