Black Hills State University

Major: **Exercise Science**
2016-2017 - Status Sheet
Minor:
Degree: **Bachelor of Science**
120 hours are required to graduate _____
36 hours of upper level are required _____

Exit Exam: PE 462 _____
CAAP Proficiency: _____

B.BS.EXSC-SCI
B.BS.EXSC-EMGT
Prepared by:
Phone #:
Date:

Gen Ed Requirements

			Has		Needs	
			100/200	300/400	100/200	300/400
3	ENGL	101 Composition I				
3	ENGL	201 Composition II				
3	SPCM	101 215 222				
3	MATH: 102, 103, 104, 115, 120, 121, 123, 281					
3-5	Natural Science & Lab					
3-5	Natural Science & Lab					

SOCIAL SCIENCE: take 2 courses from two different subject areas. **ARTS & HUMANITIES:** take 2 courses from two different subject areas (ART/H) are the same subject). **GLOBALIZATION:** take 1 course with a # when selecting Social Science or Arts & Humanities courses.

Social Science - 2 courses required

ABS 203 ANTH 210#, 220, 230 CJUS 201 ECON 201, 202 GEOG 101, 200, 210#, 212, 219 GLST 201 HDFS 141, 210 HIST 151, 152, 256, 257# INED 211 INFO 102 NATV 110 POLS 100, 102, 141#, 165, 210, 250#, 253 PSYC 101 REL 237 SOC 100, 150, 240, 250, 285 SUST 201 UHON 111, 210 WMST 101

Arts & Humanities - 2 courses required

ARAB 101, 102 ARCH 241 ART 111, 112, 121, 123 ARTH 100, 120, 121, 211#, 212#, 231, 251# CHIN 101, 102 ENGL 115, 125, 210, 211#, 212#, 214, 221, 222, 230, 240, 241, 242, 248, 249, 250, 256, 258, 268 FREN 101, 102, 201, 202 GER 101, 102, 201, 202 GFA 101 GREE 101, 102 HIST 111, 112, 121#, 122# HUM 100# 200 LAKL 101, 102, 201, 202 LATI 101, 102 MCOM 151#, 160 MFL 101, 102 MUS 100, 117, 130, 131, 200, 201, 203, 240# PHIL 100, 200, 215, 220, 233, 270, 287 REL 213, 224, 225, 238, 250 RUSS 101, 102 SPAN 101, 102, 201, 202 THEA 100, 131, 200, 201, 231, 270

	Has		Needs	
Additional hours to total 36 upper level				
Additional hours to total 120				

TOTALS:

Major Requirements

			Has		Needs	
			100/200	300/400	100/200	300/400
+ 50% of major/minor courses must be from BHSU						
Required Core = 44 hours						
3	EXS	130 Basic Medical Terminology				
4	EXS	350/L Exercise Physiology/Lab				
3	EXS	353 Kinesiology				
3	EXS	454 Biomechanics				
5	EXS	494 Internship				
1	HLTH	251 First Aid & CPR				
3	HLTH	370 Stress Management				
3	HLTH	422 Nutrition (Writing)				
3	HLTH	425/L Exer Program for Spcial Populatns/Lab (Experiential)				
1	PE	101 The Exercise Science Major				
4	PE	250/L Human Anatomy & Physiology/Lab				
3	PE	280/L Fitness Assessment/Lab				
3	PE	354/L Care & Prevention of Athletic Injuries/Lab				
2	PE	462 Exercise Leadership				
3	PE	482 Theory of Strength Training/Conditioning				

Select one Specialization

Science Specialization = 15 hours
(B.BS.EXSC.SCI)

	BIOL	101/L Biology Survey I/Lab **&**				
	BIOL	103/L Biology Survey II/Lab				
8		**OR**				
	BIOL	151/L General Biology I/Lab **&**				
	BIOL	153/L General Biology II/Lab				
	CHEM	106/L Chemistry Survey/Lab				
4		**OR**				
	CHEM	112/L General Chemistry I/Lab				
3	MATH	281 Introduction to Statistics				
+	(If Necessary) Additional hours in major to meet 50% rule					

Management Specialization = 15 hours
(B.BS.EXSC-EMGT)

3	BADM	334 Small Business Management				
3	BADM	336 Entrepreneurial Studies I				
	BADM	360 Organization & Management				
3		**OR**				
	BADM	438 Entrepreneurial Studies II				
3	BADM	370 Marketing				
3	OE	376 Technology Integration				
+	(If Necessary) Additional hours in major to meet 50% rule					

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TOTALS: