# Exercise Science Major

**2020-2021 - Status Sheet**

**Degree:** Bachelor of Science

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<table>
<thead>
<tr>
<th>Gen Ed Requirements</th>
<th>Has</th>
<th>Needs</th>
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<tbody>
<tr>
<td>3 ENGL 101 Composition I</td>
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<tr>
<td>3 ENGL 201 Composition II</td>
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### Major Requirements

#### Required Core

1. EXS 101 The Exercise Science Major
2. EXS 130 Basic Medical Terminology
3. EXS 250/L Human Anatomy & Physiology/Lab
4. EXS 280/L Fitness Assessment/Lab
5. EXS 285 Exercise & Chronic Disease
6. EXS 300 Intro to Research
7. EXS 350/L Exercise Physiology/Lab
8. EXS 353/L Kinesiology/Lab
9. EXS 354/L Care & Prevention of Athletic Injuries/Lab
10. EXS 452 Motor Learning & Development
11. EXS 454/L Biomechanics/Lab
12. EXS 462 Exercise Leadership
13. EXS 482 Theory of Strength Training/Conditioning
14. EXS 489 Applied Human Performance
15. EXS 494 Internship

#### Select a Specialization

**Science Specialization = 15 hours**

1. BIOL 101/L Biology Survey I/Lab
2. BIOL 103/L General Biology I/Lab
3. CHEM 106/L General Chemistry I/Lab
4. MATH 281 Introduction to Statistics
5. PSYC 371 Statistics in Psychological Research

**Management Specialization = 15 hours**

1. BADM 334 Small Business Management
2. BADM 336 Entrepreneurial Studies I
3. BADM 370 Marketing
4. OE 376 Interpretive Media

Take one of the following:

- BADM 360 Organization & Management
- BADM 369 Organizational Behavior & Theory
- BADM 438 Entrepreneurial Studies II

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**TOTALS:** 70

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