### Major Requirements

**Must earn grade of "C-" or better in all required coursework.**

#### Required Core - 42 semester hours

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>HLTH 420</td>
<td>Methods of Health Instruction</td>
</tr>
<tr>
<td>HLTH 321</td>
<td>K-8 Methods of Coaching Health</td>
</tr>
</tbody>
</table>

and one of the following courses:

- PE 469 | Coaching Baseball/Softball |
- PE 470 | Coaching Basketball |
- PE 471 | Coaching Football |
- PE 473 | Coaching Track/Field/CC |
- PE 474 | Coaching Wrestling |
- PE 475 | Coaching Volleyball |

4. **EXS 250** | Human Anatomy & Physiology & 250L Lab |
3. **EXS 353** | Kinesiology |
3. **EXS 354** | Prevention & Care of Athletic Injuries |
1. **HLTH 251** | First Aid & CPR |
3. **HLTH 422** | Nutrition |
1. **PE 121** | Intermediate Swimming (level 4) |
2. **PE 180** | Foundations of Elementary PE |
2. **PE 181** | Fundamentals of Elementary PE |
1. **PE 181L** | Fundamentals of Elementary PE Lab |
1. **PE 201** | Professional Preparation: Gymnastics |
1. **PE 204** | Professional Preparation: Rhythm & Dance |
3. **PE 263** | Physical Education Outdoors |
2. **PE 341** | Curriculum Development & Evaluation |
3. **PE 352** | Adapted Physical Education |
4. **PE 363** | Skills Concept & 363L Lab |
5. **PE 481** | Methods & Evaluation |

#### Pre-Professional Teaching Core - 18 semester hours

1. **EDFN 295** | Practicum: Pre-Admission Teaching |
2. **EDFN 338** | Foundations of American Education |
3. **EPSY 302** | Educational Psychology |
3. **EPSY 428** | Child & Adolescent Development |
3. **INED 411** | South Dakota Indian Studies |
3. **PSYC 101** | General Psychology (gen ed) |
3. **SPED 100** | Intro to Persons with Exceptionalities |

#### Professional K-12 Teaching Core - 19 semester hours

- **EDFN 365** | Computer Based Technology & Learning |
- **SEED 450** | 7-12 Reading and Content Literacy |
1. **SEED 495** | Practicum: Pre-Student Teaching |
3. **EDFN 475** | Human Relations |
9. **ED 488** | K-12 Student Teaching |

### Health Minor - 18 hours

- **HLTH 110** | Health Concepts |
- **HLTH 201** | ATOD Prevention Ed |
1. **HLTH 251** | First Aid & CPR |
- **HLTH 370** | Stress Management |
- **HLTH 410** | Current Issues in Health |
3. **HLTH 420** | K-12 Methods Health Instruction |
- **HLTH 422** | Nutrition |

### Additional hours to total 36 upper level

#### Minor in Athletic Coaching - 25 hours

1. **EXS 250** | Human Anatomy & Physiology & 250L Lab |
3. **EXS 350** | Exercise Physiology |
3. **EXS 353** | Kinesiology |
3. **EXS 354** | Prevention & Care of Athletic Injuries |
3. **EXS 454** | Biomechanics |
2. **HLTH 422** | Nutrition |
2. **take one of the following**
   - PE 469 | Coaching Baseball/Softball |
   - PE 470 | Coaching Basketball |
   - PE 471 | Coaching Football |
   - PE 473 | Coaching Track/Field/CC |
   - PE 474 | Coaching Wrestling |
   - PE 475 | Coaching Volleyball |
4. **take two of the following**
   - **PE 440** | Org. & Admin HPER/A |
   - **PE 453** | Sport Psychology |
   - or 1 from above and an additional Coaching Methods |

### TOTALS: 93

### Gen Ed Requirements

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 ENGL 101</td>
<td>Comp I (min grade C)</td>
</tr>
<tr>
<td>3 ENGL 201</td>
<td>Comp II (min grade C)</td>
</tr>
<tr>
<td>3 SPCM 101</td>
<td>215 222 (min grade C)</td>
</tr>
<tr>
<td>3 MATH 102, 103, 115, 120, 121, 123, 281</td>
<td></td>
</tr>
<tr>
<td>3-5 Natural Science &amp; Lab</td>
<td></td>
</tr>
<tr>
<td>3-5 Natural Science &amp; Lab</td>
<td></td>
</tr>
</tbody>
</table>

### Social Science - 2 courses required

**PSYC 101** required for major, and will also satisfy a SS class. Take 1 additional course from the following:

- **ABS 203** | Anthropology 210, 220, 230, CJUS 201 |
- **ECON 201, 202** | GEOG 101, 200, 210, 212, |
- **219 GLST 201** | HDFS 141, 210, HIST 151, |
- **152, 256, 257#** | INED 211, INFO 102, NATV 110 |
- **110 POLS 100, 102, 141##, 165, 210, 250##, 253 REL 237** | SOC 100, 150, 240, 250, 285 |
- **SUST 201** | UHON 111, 210, WMST 101 |

### Arts & Humanities - 2 courses required

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>ARAB 101, 102</td>
<td>ARCH 241, ART 111, 112,</td>
</tr>
<tr>
<td>121, 123</td>
<td>ARTH 100, 120, 121, 211##, 212##,</td>
</tr>
<tr>
<td>231, 251##</td>
<td>CHIN 101, 102, ENGL 115, 125,</td>
</tr>
<tr>
<td>210, 211##, 212##, 214, 221, 222, 230, 240, 241,</td>
<td></td>
</tr>
<tr>
<td>242, 248, 249, 250, 256, 258, 268</td>
<td>FREN 101, 102, 201, 202</td>
</tr>
<tr>
<td>GER 101, 102, 201, 202</td>
<td>GFA 101, 102, HIST 111, 121, 122#</td>
</tr>
<tr>
<td>122#</td>
<td>HUM 100#</td>
</tr>
<tr>
<td>200 LAKL 101, 102, 201, 202, 202 LATI 101, 102</td>
<td>MCOM 151##, 160, MFL 101, 102</td>
</tr>
<tr>
<td>MUS 100, 117, 130, 131, 200, 201, 203, 240##</td>
<td>PHIL 100, 200, 215, 220, 233, 270,</td>
</tr>
<tr>
<td>287 REL 213, 224, 225, 238, 250</td>
<td>RUSS 101, 102, SPAN 101, 102, 201, 202, THEA 100,</td>
</tr>
<tr>
<td>131, 200, 201, 231, 270</td>
<td></td>
</tr>
</tbody>
</table>

### Additional hours to total 36 upper level

### TOTALS: 93

### Major: Physical Education

### Degree: Bachelor of Science Education

120 hours are required to graduate

36 hours of upper level are required