**Major:** Exercise Science  
**Degree:** Bachelor of Science  
**B.B.S.EXSC-SCI**  
**B.B.S.EXSC-EMGT**

**Exit Exam:** PE 462  
**CAAP Proficiency:**

- **Prepared by:**
- **Phone #:**
- **Date:**

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**Major Requirements**

- **Required Core = 44 hours**
  - 3 EXS 130 Basic Medical Terminology
  - 4 EXS 350/L Exercise Physiology/Lab
  - 3 EXS 353 Kinesiology
  - 3 EXS 454 Biomechanics
  - 5 EXS 494 Internship

- 1 HLTH 251 First Aid & CPR
- 3 HLTH 370 Stress Management
- [HLTH 422 Nutrition (Writing)]
- 3 HLTH 425/L Exer Program for Special Populatns/Lab (Experiential)

- 1 PE 101 The Exercise Science Major
- 4 PE 250/L Human Anatomy & Physiology/Lab
- 3 PE 280/L Fitness Assessment/Lab
- 3 PE 354/L Care & Prevention of Athletic Injuries/Lab
- 2 PE 462 Exercise Leadership
- 3 PE 482 Theory of Strength Training/Conditioning

**Select one Specialization**

- **Science Specialization = 15 hours**
  - (B.B.S.EXSC.SCI)
  - BIOL 101/L Biology Survey I/Lab &
  - BIOL 103/L Biology Survey II/Lab

- 8 OR

  - BIOL 151/L General Biology I/Lab &
  - BIOL 153/L General Biology II/Lab

- CHEM 106/L Chemistry Survey/Lab

- 4 OR

  - CHEM 112/L General Chemistry I/Lab

- 3 MATH 281 Introduction to Statistics

  + (If Necessary) Additional hours in major to meet 50% rule

- **Management Specialization = 15 hours**
  
  - (B.B.S.EXSC-EMGT)
  - BADM 334 Small Business Management
  - BADM 336 Entrepreneurial Studies I
  - BADM 360 Organization & Management

- 3 OR

  - BADM 438 Entrepreneurial Studies II
  - BADM 370 Marketing
  - OE 376 Technology Integration

  + (If Necessary) Additional hours in major to meet 50% rule

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**Gen Ed Requirements**

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**Social Science - 2 courses required**

- 3 ENGL 101 Composition I
- 3 ENGL 201 Composition II
- 3 SPCM 101 215 222
- 3 MATH 100 102, 103, 104, 115, 120, 121, 123, 281

**Arts & Humanities - 2 courses required**

- 3 ENGL 101 Composition I
- 3 ENGL 201 Composition II
- 3 SPCM 101 215 222
- 3 MATH 100 102, 103, 104, 115, 120, 121, 123, 281

**Additional hours to total 36 upper level**

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<td>PE 250/L</td>
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<td>PE 354</td>
<td>Prev &amp; Care of Ath Injuries</td>
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<td>EXS/PE 454</td>
<td>Biomechanics</td>
<td>see major</td>
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- BADM 336 Entrepreneurial Studies I
- BADM 360 Organization & Management

- 3 OR

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  - BADM 370 Marketing
  - OE 376 Technology Integration

  + (If Necessary) Additional hours in major to meet 50% rule

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**TOTALS:**