



Major: **Exercise Science**
2016-2017 - Status Sheet

Minor: **Athletic Coaching**
Degree: **Bachelor of Science**

120 hours are required to graduate _____
36 hours of upper level are required _____

Exit Exam: PE 462
CAAP Proficiency: _____

B.BS.EXSC-SCI
B.BS.EXSC-EMGT
Prepared by:
Phone #:
Date:

NAME: _____

		Has		Needs				Has		Needs	
		100	300	100	300			100	300	100	300
		200	400	200	400			200	400	200	400
Gen Ed Requirements						Major Requirements					
3 ENGL 101 Composition I						Required Core = 44 hours					
3 ENGL 201 Composition II						3 EXS 130 Basic Medical Terminology					
3 SPCM 101 215 222						4 EXS 350/L Exercise Physiology/Lab					
3 MATH: 102, 103, 104, 115, 120, 121, 123, 281						3 EXS 353 Kinesiology					
3-5 Natural Science & Lab						3 EXS 454 Biomechanics					
3-5 Natural Science & Lab						5 EXS 494 Internship					
SOCIAL SCIENCE: take 2 courses from two different subject areas.						1 HLTH 251 First Aid & CPR					
ARTS & HUMANITIES: take 2 courses from two different subject areas (ART/H) are the same subject). GLOBALIZATION: take 1 course with a # when selecting Social Science or Arts & Humanities courses.						3 HLTH 370 Stress Management					
Social Science - 2 courses required						3 HLTH 422 Nutrition (Writing)					
ABS 203 ANTH 210#, 220, 230 CJUS 201						3 HLTH 425/L Exer Program for Special Populatsn/Lab (Experiential)					
ECON 201, 202 GEOG 101, 200, 210#, 212, 219						1 PE 101 The Exercise Science Major					
GLST 201 HDFS 141, 210 HIST 151, 152, 256, 257# INED 211 INFO 102 NATV						4 PE 250/L Human Anatomy & Physiology/Lab					
110 POLS 100, 102, 141#, 165, 210, 250#, 253						3 PE 280/L Fitness Assessment/Lab					
PSYC 101 REL 237 SOC 100, 150, 240, 250, 285						3 PE 354/L Care & Prevention of Athletic Injuries/Lab					
SUST 201 UHON 111, 210 WMST 101						2 PE 462 Exercise Leadership					
Arts & Humanities - 2 courses required						3 PE 482 Theory of Strength Training/Conditioning					
ARAB 101, 102 ARCH 241 ART 111, 112, 121, 123						Select one Specialization					
ARTH 100, 120, 121, 211#, 212#, 231, 251#						Science Specialization = 15 hours					
CHIN 101, 102 ENGL 115, 125, 210, 211#, 212#, 214, 221, 222, 230, 240, 241, 242, 248, 249, 250, 256, 258, 268						(B.BS.EXSC.SCI)					
FREN 101, 102, 201, 202 GER 101, 102, 201, 202 GFA 101						BIOL 101/L Biology Survey I/Lab & BIOL 103/L Biology Survey II/Lab					
GREE 101, 102 HIST 111, 112, 121#, 122#						8 OR					
HUM 100# 200 LAKL 101, 102, 201, 202						BIOL 151/L General Biology I/Lab & BIOL 153/L General Biology II/Lab					
LATI 101, 102 MCOM 151#, 160 MFL 101, 102						CHEM 106/L Chemistry Survey/Lab					
MUS 100, 117, 130, 131, 200, 201, 203, 240#						4 OR					
PHIL 100, 200, 215, 220, 233, 270, 287						CHEM 112/L General Chemistry I/Lab					
REL 213, 224, 225, 238, 250 RUSS 101, 102						3 MATH 281 Introduction to Statistics					
SPAN 101, 102, 201, 202 THEA 100, 131, 200, 201, 231, 270						+ (If Necessary) Additional hours in major to meet 50% rule					
Additional hours to total 36 upper level						Management Specialization = 15 hours					
Additional hours to total 120						(B.BS.EXSC-EMGT)					
Minor in Athletic Coaching - 25 hours						3 BADM 334 Small Business Management					
3 HLTH 422 Nutrition						3 BADM 336 Entrepreneurial Studies I					
4 PE 250/L Human A & P & Lab						BADM 360 Organization & Management					
3 EXS/PE 350 Exercise Physiology						3 OR					
3 EXS/PE 353 Kinesiology						BADM 438 Entrepreneurial Studies II					
3 PE 354 Prev & Care of Ath Injuries						3 BADM 370 Marketing					
3 EXS/PE 454 Biomechanics						3 OE 376 Technology Integration					
2 take one of the following						+ (If Necessary) Additional hours in major to meet 50% rule					
PE 470 Coaching Basketball											
PE 471 Coaching Football											
PE 473 Coaching Track/Field											
PE 474 Coaching Wrestling											
PE 475 Coaching Volleyball											
4 take two (or 1*) of the following											
PE 440 Org. & Admin of HPER/A											
PE 453 Sport Psychology											
*and an additional Coaching Methods from above											
+ (If Necessary) Additional hours in minor to meet 50% rule											
TOTALS:						TOTALS:					

ID or SSN: _____