



Major: **Exercise Science**
2015-2016 - Status Sheet

Minor: **Athletic Coaching**
 Degree: **Bachelor of Science**

120 hours are required to graduate _____
 36 hours of upper level are required _____

B.BS.EXSC-SCI
B.BS.EXSC-EMGT
 Prepared by:
 Phone #:
 Date:

Exit Exam: PE 462
 CAAP Proficiency: _____

NAME: _____

	Has		Needs			Has		Needs	
	100	300	100	300		100	300	100	300
Gen Ed Requirements					Major Requirements				
3 ENGL 101 Composition I					Required Core = 41				
3 ENGL 201 Composition II					1 HLTH 251 First Aid & CPR				
3 SPCM 101 215 222					3 HLTH 370 Stress Management				
3 MATH: 102, 103, 104, 115, 120, 121, 123, 281					3 HLTH 422 Nutrition (Writing)				
3-5 Natural Science & Lab					3 HLTH 425/L Exer Program for Special Populations/Lab (Experiential)				
3-5 Natural Science & Lab					3 PE 101 The Exercise Science Major				
2 WEL 100/L Wellness & Lab					3 PE 216/L Fitness Assessment/Lab				
Social Science: take 3 courses from at least two different subject areas. Arts & Humanities: take 4 courses from at least two different subject areas (ART/H are the same subject). Globalization: take 1 course with a # when selecting Social Science or Arts & Humanities courses.					4 PE 250/L Human Anatomy & Physiology/Lab				
Social Science - 3 courses required					3 PE 350 Exercise Physiology				
ANTH: 210#, 220, 230 CJUS 201 ECON 101, 201					3 PE 353 Kinesiology				
ECON 202 GEOG 101, 200, 210#, 212, 219					3 PE 354 Care & Prevention of Athletic Injuries				
GLST 201 HDFS 141, 210 HIST 151, 152, 256					3 PE 462 Exercise Leadership				
HIST 257# 313 INED 211 INFO 110 NATV 110					3 PE 482 Theory of Strength Training/Conditioning				
POLS 100, 102, 141#, 210, 250#, 253, 349 PSYC 101					6 PE 494 Internship				
REL 237 SOC 100, 150, 240, 250, 285, 350					Select one Specialization				
SUST 201 UHON 111, 210 WMST 101					Science Specialization = 18 hours				
Arts & Humanities - 4 courses required					BIOL 101/L Biology Survey I/Lab &				
ARAB 101, 102 ART 111, 112, 121, 123 ARTH 100					BIOL 103/L Biology Survey II/Lab				
ARTH 121, 211#, 212#, 231, 251# CHIN 101, 102					8 OR				
ENGL 115, 210, 211#, 212#, 214, 221, 222, 230, 240					BIOL 151/L General Biology I/Lab &				
ENGL 241, 242, 248, 249, 250, 256, 258, 268, 320, 411					BIOL 153/L General Biology II/Lab				
FREN 101, 102, 201, 202 GER 101, 102 201, 202					CHEM 106/L Chemistry Survey & Lab				
GFA 101 GREE 101, 102 HIST 111, 112, 121#, 122#					4 OR				
HUM 100#, 200, 387, 388 LAKL 101, 102 LATI 101, 102					CHEM 112/L General Chemistry I/Lab				
MCOM 151#, 160 MFL 101, 102 MUS 100, 130, 131					3 MATH 281 Introduction to Statistics				
MUS 200, 201, 240 PHIL 100, 200, 215, 220, 233					3 PE 454 Biomechanics				
PHIL 270, 287 REL 213, 224, 225, 238, 250, 270					Management Specialization = 18 hours				
RUSS 101, 102 SPAN 101, 102, 201, 202					3 BADM 334 Small Business Management				
THEA 100, 131, 200, 201, 231, 270					3 BADM 336 Entrepreneurial Studies I				
Additional hours to total 36 upper level					3 BADM 360 Organization & Management				
Additional hours to total 120					3 BADM 370 Marketing				
					3 BADM 438 Entrepreneurial Studies II				
					3 OE 376 Technology Integration				
					+ (If Necessary) Additional hours in major to meet 50% rule				
					Minor in Athletic Coaching - 25 hours				
					3 HLTH 422 Nutrition				see major
					4 PE 250/L Human Anatomy & Physiology & Lab				see major
					3 PE 350 Exercise Physiology				see major
					3 PE 353 Kinesiology				see major
					3 PE 354 Prevention & Care of Athletic Injuries				see major
					3 PE 454 Biomechanics				
					2 take one of the following				
					PE 470 Coaching Basketball				
					PE 471 Coaching Football				
					PE 473 Coaching Track/Field/Cross Country				
					PE 474 Coaching Wrestling				
					PE 475 Coaching Volleyball				
					4 take two (or 1*) of the following				
					PE 440 Org. & Administration of HPER/A				
					PE 453 Sport Psychology				
					*and an additional Coaching Methods from above				
					+ (If Necessary) Additional hours in minor to meet 50% rule				
TOTALS:					68	TOTALS:			

ID or SSN: _____