

1200 University Street, Unit 9401 Spearfish, South Dakota 57799

# COURSE INFORMATION: Basic Archery Instructor (1 day)

Sponsored by BHSU Outdoor Program and SD Game, Fish, and Parks

**DATES:** *January* 21, 2019, 7:45am – 5:00pm

COST: \$10.

**LOCATION:** Donald Young Center on the campus of Black Hills State University, Spearfish, SD

#### **COURSE DESCRIPTION**

The Basic Archery Instructor (BAI) course prepares participants to teach the National Archery in the School Program (NASP) and potentially become eligible for gear grants from SD Game, Fish, and Parks. No previous experience is needed.

For more information about NASP, go to <a href="https://www.naspschools.org/about/about-nasp">https://www.naspschools.org/about/about-nasp</a>.

#### **CLASS FORMAT**

Check in is 7:45 a.m. Course runs from 8:00 a.m. to 5:00 p.m. with a one-hour break for lunch.

The class format is classroom lectures integrated with skills practice sessions.

#### **PACKING CHECKLIST**

- ✓ Notebook and pencil or pen
- ✓ Re-usable water bottle
- ✓ Snacks
- ✓ Sack Lunch or money for purchasing fast food at the lunch break.
- ✓ Comfortable clothing that allows you freedom of movement. The classrooms can sometimes be warm or cold, so bring layers.

# **COURSE SCHEDULE**

- 7:45 Registration and Handing Out of Literature
- 8:00 Welcome and Introduction
- 8:15 Overview of the National Archery in the School Program
- 8:45 Safe Range Set Up
  - \*Evaluate the site, plan range lay-out
  - \*Explain set up of arrow net, targets, range lines, bow rack, quivers
  - \*Explain whistle commands and dry fire

## 9:15 String Bow Training Device

- \*Determine Dominant Eye
- \*Purpose and making a string bow

# 9:45 **Break**

## 10:00 11 Steps to Archery Success

- \*Use string bow to teach form, execution, and reflection
- \*Practice with String Bow

#### 10:15 Individual and Coaching Skills Development

\*Coaching Positions

\*Positive feedback, classroom management

## 10:40 Safety Orientation and Teaching a New Archer

\*operating a safe range and demonstrating a shot

\*supervising initial shooting

#### 11:10 Practical Exercise for Students

\*Students practice running the range and practice coaching

11:30 Sack Lunch

12:30 Continue Practical Exercise for Students

1:50 Break

2:05 Running the Range

\*Students run the range at full speed

## 2:45 Equipment Nomenclature, Inspection, Operation, Maintenance and Repair

\*Arrow station

\*Bow station

3:45 **Break** 

4:00 Wrap Up Activities, Test Review, Take Test, Grade, Complete Paperwork

5:00 Adjourn

### TRAINING AND RETENTION

Training Requirements for BAI Candidates.

- Candidate must be at least 18 years old.
- Candidate must be trained by a BAIT or BAIT Specialist level instructor.
- BAI course length is approximately 8-12 hours.
- Candidate must pass the BAI practical and score at least 80% on the exam.

## Retention Requirements for BAI.

Activity: Teach at least one BAI course every two years, complete a BAIT course, or retake the BAI course.

Reporting: Complete annual reports at www.naspbai.org

**Note:** Liability and Professional insurance are available at a minimal cost for NASP® trained individuals through 3DI - <a href="https://www.naspschools.org/wp-content/uploads/2017/11/LiabilityInsurance3DI.pdf">https://www.naspschools.org/wp-content/uploads/2017/11/LiabilityInsurance3DI.pdf</a>

**IMPORTANT:** National Archery in the Schools Program-Specific Note: To assure effective program coordination and consistency in the NASP® instructors who want to present archery courses to teachers or students for the NASP®, must first get the approval of state, provincial, or country in question's NASP® Coordinator. This state NASP® Coordinator will make sure state-specific requirements are met.

#### **REGISTRATION**

- 1. Complete the Course Registration Form: <u>www.BHSU.edu/OERegister</u>
- 2. Pay the Course Registration Fee: \$10 at <a href="http://emarket.bhsu.edu/">http://emarket.bhsu.edu/</a>.

Your payment includes instruction, handouts, BAI guidebook, equipment use, and certification. A full refund will be given if we need to cancel the course for any reason. Course Registration Fee is non-transferable. BHSU is not obligated to allow any student to attend the course until all payment and paperwork has been received, reviewed, and approved.

#### **POLICIES**

#### **Cancellations**

If you cancel or withdraw from a course:

- Greater than or equal to 30 days prior to the course start date, BHSU will retain a \$5.00 administrative fee. The
  remainder of registration fees collected to date will be refunded.
- Within 30 days of the course start date, registration is non-refundable and non-transferable.
- Once the course begins, no refunds will be awarded. All course registrations are non-transferable.

#### Pets

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

#### Alcohol and Tobacco

No alcohol or tobacco is allowed outside of your personal vehicle.

#### STUDENT LOGISTICS

# Meals and Lodging

Meals and lodging are not offered for this course. The Spearfish Chamber of Commerce has an excellent listing of area accommodations (motels, resorts, cabins, campgrounds). You may view these at https://business.spearfishchamber.org/list/category/lodging-1076 or call the Chamber of Commerce at 1-800-626-8013.

#### Location

Black Hills State University

The course will be held in the Donald Young Center on the Campus of Black Hills State University in classroom 214 and outdoors on campus. Directions and a map can be viewed on the BHSU website: http://www.bhsu.edu/About-BHSU/Campus-Map. Enter by any of the entrances and proceed to the second floor, following the signs to the classroom.

#### CONTACT INFORMATION

Please contact us with any questions or concerns you may have.

Course Host: Chris McCart, BHSU Outdoor Education Program Coordinator

Mailing: 1200 University Street #9401, Spearfish, SD 57799

Office Phone: 605-642-6027

Email: Christine.McCart@BHSU.edu Website: www.bhsu.edu/outdoored/

NASP Trainer: Curt Robertson, Whippoorwill Outdoor Programming

Mailing: 107 Robnett, Licking, MO 65542 Phone: (605) 220-2130

Email: outdoorprogramming@gmail.com