



1200 University Street, Unit 9401 Spearfish, South Dakota 57799

# 3-DAY WILDERNESS FIRST RESPONDER RECERTIFICATION COURSE

Sponsored by Black Hills State University Outdoor Education Program and NOLS Wilderness Medicine

**DATES:** January 13-15, 2018 (3 days)

**COST:** \$310

Registration at <u>www.bhsu.edu/oeregister</u> Payment to <u>http://emarket.bhsu.edu/</u>

LOCATION: <u>Donald Young Center on the Campus of Black Hills State University in Spearfish, SD.</u>

#### **COURSE DESCRIPTION**

Review, practice, and stay on top of your skills with NOLS Wilderness Medicine's Wilderness First Responder Recertification Course. This scenario-based approach to recertification provides you the opportunity to test your skills against realistic situations. You'll practice and relearn wilderness medicine protocols, review evacuation and decision making guidelines, and receive the latest updates in wilderness medicine over the course of three days. You are required to complete both written and practical testing to recertify on this Recertification course. To achieve a passing score (70%) on the written multiple-choice exam, you must review previous course materials. Please come prepared. These online resources will assist you: <a href="https://nols.edu/en/resources/wilderness-medicine-resources/">https://nols.edu/en/resources/wilderness-medicine-resources/</a>. Upon successful course completion you will earn the following NOLS Wilderness Medicine certifications: Wilderness Advanced First Aid/Wilderness First Responder/Wilderness EMT (dependent on your current certification), Adult and Child CPR & Airway Management, and Epinephrine Auto-injector.

## **CLASS FORMAT AND PERSONAL PREPARADNESS**

Check in is at 7:45 a.m. on the first day of the course. Course days run from 8:00 a.m. to 5:00 p.m. Attendance is required at all classes. The course consists of demonstrations, a few short lectures, skills practice sessions, and many practical scenarios. Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up are used to enhance the realism of a scenario. The classroom environment generally lends itself to a pair of comfy shoes or slippers and a camp chair.

## **Packing Checklist**

- ✓ Notebook and pencil or pen
- ✓ Watch with second hand or digital second
- ✓ Sunglasses and hat
- ✓ Water bottle
- ✓ Light day pack
- ✓ Waterproof outerwear top and bottom

- ✓ Light hiking boots or sturdy shoes
- ✓ Clothing layers that allow you to be comfortable in a variety of weather conditions
- ✓ Slippers or comfortable shoes for classroom time (optional)
- ✓ Camp chair for classroom time (optional)

## **COURSE OUTLINE**

For the full course outline, visit the WFR Recertification course page, scrolling to Section 2 to click on "DOWNLOADS: Course Outline" at: <a href="https://nols.edu/en/coursefinder/courses/wilderness-first-responder-recertification-WFRR/">https://nols.edu/en/coursefinder/courses/wilderness-first-responder-recertification-WFRR/</a>.

### WAFA/WFR/WEMT RECERTIFICATION REQUIREMENTS

- NOLS Wilderness Medicine Graduates: NOLS Wilderness Medicine certification holders will be afforded a one-year
  period after expiration within which to recertify. This one-year re-entry period is only offered for NOLS Wilderness
  Medicine certifications. NOLS Wilderness Medicine certified students should bring their certification card to the course so
  that the instructor can verify the expiration date.
- Graduates from Other Wilderness Medicine Providers: NOLS Wilderness Medicine welcomes eligible graduates from
  other providers to recertify on our Wilderness First Responder Recertification course or our Hybrid Wilderness First
  Responder Recertification course. To be eligible for recertification you must possess a current (unexpired) WAFA
  certification, WFR certification from a provider whose WFR course is a minimum of 70 hours, or WEMT certification.
- There is no re-entry period once your certification expires. It is your responsibility to make sure your certification meets this standard. If you are unsure, please contact NOLS Wilderness Medicine to verify your certification qualifies before enrolling in a course.
- Students certified by other wilderness medicine providers are required to submit a photocopy of their unexpired
  certification card on the first day of the course. We cannot issue you a new card until we have verified your previous
  training.
- Students recertifying the wilderness portion of their WEMT certification must submit a photocopy of their current EMT card on course.

#### REGISTRATION

- 1. Complete the BHSU Outdoor Course Registration Form: www.BHSU.edu/OERegister
- 2. Tuition payment in full is required to reserve your spot in the course.
- 3. Payment methods: You can pay your balance via credit card at the BHSU e-marketplace at <a href="http://emarket.bhsu.edu/">http://emarket.bhsu.edu/</a>. Alternatively, you may pay with check or money order, made out to "BHSU" via Chris McCart, BHSU, 1200 University Street #9401, Spearfish, SD 57799.
- 4. The fee includes instruction, textbooks, equipment use, certification, and continuing education credits. A full refund will be given if we need to cancel the course for any reason.

# NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download this agreement and read it carefully as it affects your legal rights:

https://www.nols.edu/media/filer\_public/1c/20/1c20e13a-7019-4cf8-b730-6ffa053e482b/wmi\_agreement\_2017\_january.pdf
Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of NOLS Wilderness Medicine program and are at the sole risk of the participant.

#### **NOLS WILDERNESS MEDICINE POLICIES**

Cancellations: If you cancel or withdraw from a course -

- Greater than or equal to 30 days prior to the course start date, BHSU will retain a \$35.00 administrative fee. The remainder of tuition collected to date will be refunded.
- Within 30 days of the course start date, the student loses the full tuition.
- Once the course begins, no refunds will be awarded. All course registrations are non-transferable.

#### Pets

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

## Alcohol and Tobacco

No alcohol or tobacco is allowed on site. You may smoke in your car.

# **CONTINUING EDUCATION**

#### **EMT Continuing Education**

NOLS Wilderness Medicine is proud to be a Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE) accredited organization. Current EMTs are eligible to receive 18 CEU hours at no additional cost for participation in a Wilderness First Responder course. Please bring a photocopy of your current EMT card(s) with you to your course.

#### **COLLEGE CREDITS**

# **Pre-Course Access to College Credit**

The WFR Recert course is pre-approved for one semester hour credit through Western State Colorado University (WSCU) for an additional cost of \$80. Thirty days **prior** to the NOLS Wilderness Medicine course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from NOLS Wilderness Medicine.

### TRAVEL AND DIRECTIONS

The course will be held in room 214 in the Donald Young Center on the campus of Black Hills State University. Click here for <u>Directions and Map.</u> Inquire with the BHSU course host about a parking pass the first day of the course.

### LODGING AND MEALS

Neither meals nor lodging are offered for this course. The Spearfish Chamber of Commerce has an excellent listing of area accommodations (motels, resorts, cabins, campgrounds). You may view these at <a href="http://www.spearfishchamber.org/visit\_us/spearfish\_lodging.php">http://www.spearfishchamber.org/visit\_us/spearfish\_lodging.php</a> or call the Chamber of Commerce at 1-800-626-8013.

## **CONTACT INFORMATION**

Please contact us with any questions or concerns you may have.

## **NOLS Wilderness Medicine**

Office hours: Monday - Friday, 9am-5pm MT

Phone: 866-831-9001 FAX: 307-335-2355 Email: wmi@nols.edu

Web: <a href="http://www.nols.edu/wmi">http://www.nols.edu/wmi</a>



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