



1200 University Street, Unit 9401
Spearfish, South Dakota 57799

Outdoor Education Program
Phone: (605) 642-6027
Fax: (605) 642-6539

WILDERNESS FIRST RESPONDER COURSE

Sponsored by Black Hills State University Outdoor Education Program and NOLS Wilderness Medicine

DATES: March 3-11, 2018 (9 straight days)

COST: \$700 for current BHSU Outdoor Education Students

\$750 all others

Registration at www.bhsu.edu/oeregister

Payment to <http://emarket.bhsu.edu/>

LOCATION: Donald Young Center on the Campus of Black Hills State University in Spearfish, SD.

COURSE DESCRIPTION

The Wilderness First Responder course is essential if you work or recreate in the outdoors or in other austere environments where access to medical care is delayed or communication is unreliable. It is the industry standard for professional guides, trip leaders, search and rescue team members, outdoor recreationists, and international travelers. Upon completion, you will be able to conduct a thorough physical exam, obtain a patient history, assess vital signs, provide emergency care in the wilderness, and make crucial evacuation decisions. During this fast-paced, engaging course, you will spend half your time practicing skills and participating in realistic scenarios, including a full-scale night mock rescue. NOLS Wilderness Medicine's nationally recognized curriculum encompasses a wide range of topics including long-term patient care, wound management, selective spine immobilization, reducing dislocations, litter packaging, and epinephrine administration. Dynamic educators who have practiced medicine in both wilderness and urban environments will teach you skills and protocols to step forward in an emergency, and you will finish the intensive 80-hour course with the tools and confidence to manage patients in the backcountry for multiple days. Upon successful course completion you will earn the following NOLS Wilderness Medicine certifications: Wilderness First Responder, Adult and Child CPR & Airway Management, and Epinephrine Auto-injector.

CLASS FORMAT AND PERSONAL PREPARADNESS

Check in is at 7:45 a.m. on the first day of the course. Course days run from 8:00 a.m. to 5:00 p.m., with two additional evening sessions. Ten-day courses will include a day off; nine-day courses will not. The class format is classroom lectures integrated with practical scenarios, case studies, and skills practice sessions. Attendance is required at all classes. Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up are used to enhance the realism of a scenario. The classroom environment generally lends itself to a pair of comfy shoes or slippers and a camp chair. A 4-hour evening, outdoor mock rescue is part of the curriculum; dress accordingly.

Packing Checklist

- ✓ Notebook and pencil or pen
- ✓ Watch with second hand or digital second
- ✓ Sunglasses and hat
- ✓ Water bottle
- ✓ Headlamp
- ✓ Light day pack
- ✓ Waterproof outerwear top and bottom
- ✓ Light hiking boots or sturdy shoes
- ✓ Clothing layers that allow you to be comfortable in a variety of weather conditions
- ✓ Slippers or comfortable shoes for classroom time (optional)
- ✓ Camp chair for classroom time (optional)

COURSE OUTLINE

For the full course outline, visit the WFR course page, scrolling to Section 2 to click on “DOWNLOADS: Course Outline” at: <https://nols.edu/en/coursefinder/courses/wilderness-first-responder-WFR/>.

REGISTRATION

1. Complete the BHSU Outdoor Course Registration Form: www.BHSU.edu/OERegister
2. A deposit of \$300 is required to reserve your spot in the course. You may pay this via credit card at the BHSU e-Marketplace at <http://emarket.bhsu.edu/>.
3. The balance of \$400 for BHSU OE Students or \$450 for all others is due two weeks prior to the first day of the course. You can pay your balance via credit card at the BHSU e-marketplace at <http://emarket.bhsu.edu/>.
4. Alternatively, you may pay with check or money order, made out to “BHSU” via Chris McCart, BHSU, 1200 University Street #9401, Spearfish, SD 57799.
5. The fee includes instruction, textbooks, equipment use, certification, and continuing education credits. A full refund will be given if we need to cancel the course for any reason.

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download this agreement and read it carefully as it affects your legal rights:

https://www.nols.edu/media/filer_public/1c/20/1c20e13a-7019-4cf8-b730-6ffa053e482b/wmi_agreement_2017_january.pdf

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of NOLS Wilderness Medicine program and are at the sole risk of the participant.

NOLS WILDERNESS MEDICINE POLICIES

Cancellations

If you cancel or withdraw from a course:

- Greater than or equal to 30 days prior to the course start date, BHSU will retain a \$35.00 administrative fee. The remainder of tuition collected to date will be refunded.
- Within 30 days of the course start date, the student loses the course deposit.
- Once the course begins, no refunds will be awarded. All course registrations are non-transferable.

Pets

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

Alcohol and Tobacco

No alcohol or tobacco is allowed on site. You may smoke in your car.

CONTINUING EDUCATION

EMT Continuing Education

NOLS Wilderness Medicine is proud to be a Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE) accredited organization. Current EMTs are eligible to receive 48 CEU hours at no additional cost for participation in a Wilderness First Responder course. Please bring a photocopy of your current EMT card(s) with you to your course. Please ensure that CAPCE CEUs will be accepted by your State EMS organization.

Fellowship in the Academy of Wilderness Medicine (FAWM)

Through joint sponsorship with the Wilderness Medical Society active members of WMS may earn up to 55 hours at no additional cost for participation in the Wilderness First Responder course. Learn more about WMS here: <http://www.wms.org/>

COLLEGE CREDITS

Pre-Course Access to College Credit

The WFR course is pre-approved for three semester hour credits through Western State Colorado University (WSCU) for an additional cost of \$240. Thirty days prior to the NOLS Wilderness Medicine course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from NOLS Wilderness Medicine.

On-Course Access to College Credit

The WFR course is pre-approved for three semester hour credits through the University of Utah for an additional cost of \$300. If you are interested in receiving college credit, please inquire with your instructors on the first day of class for the necessary information.

TRAVEL AND DIRECTIONS

The course will be held in room 214 in the Donald Young Center on the campus of Black Hills State University. Click here for [Directions and Map](#). Inquire with the BHSU course host about a parking pass the first day of the course.

LODGING AND MEALS

Neither meals nor lodging are offered for this course. The Spearfish Chamber of Commerce has an excellent listing of area accommodations (motels, resorts, cabins, campgrounds). You may view these at http://www.spearfishchamber.org/visit_us/spearfish_lodging.php or call the Chamber of Commerce at 1-800-626-8013.

CONTACT INFORMATION

Please contact us with any questions or concerns you may have.

NOLS Wilderness Medicine

Office hours: Monday - Friday, 9am-5pm MT

Phone: 866-831-9001

FAX: 307-335-2355

Email: wmi@nols.edu

Web: <http://www.nols.edu/wmi>

BHSU Outdoor Education Program

Office Hours: variable

Phone: 605-642-6027

Contact Person: Chris McCart, Assistant Professor

Email: Christine.Mccart@bhsu.edu

Web: <http://www.bhsu.edu/chrimccart/>

