



1200 University Street, Unit 9401
Spearfish, South Dakota 57799

Outdoor Education Program

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National Archery in the Schools Program Archery Instructor Trainer Course

Sponsored by Black Hills State University Outdoor Education Program and SD Game, Fish, and Parks

- DATES:** January 14, 15, 16, 2017 from 8:30 am – 5:30 pm each day.
- COST:** Free (supported by SD Game, Fish, and Parks)
Registration at www.bhsu.edu/oeregister
- Credit:** Optional: One college credit is available for \$40; payable by cash, check, or money order only. Email christine.mccart@bhsu.edu for credit form and instructions.
- LOCATION:** [Donald Young Center on the Campus of Black Hills State University in Spearfish, SD.](#)

COURSE DESCRIPTION

The National Archery in the Schools Program is an in-school program that promotes the teaching of international-style archery. The program is a cooperative effort between conservation agencies, state Departments of Education, local school districts and archery enthusiasts. The S.D. Department of Game, Fish and Parks, in cooperation with the S.D. Department of Education, sponsor the program in South Dakota. Thematic units of study are provided to schools adopting the program so the concepts of archery can be taught across the curriculum. Study units available include science, reading, social studies and math. These units have been correlated to match the South Dakota Content Standards at various grade levels. More information on the National Archery in the Schools Program can be found at <http://www.nasparchery.com/activea.asp>

The **schedule** is 8:30 am – 5:30 pm each day January 14-16. See detailed schedule at end.

CLASS FORMAT AND PERSONAL PREPARADNESS

Check in is at 8:15 am on the first day of the course. Course days run from 8:30 am to 5:30 pm. The class format is classroom lectures integrated with practice sessions. Practice sessions will take place primarily inside, although we may set up outdoors if the weather is nice. Dress in comfortable, casual clothing appropriate for mild physical activity. Wear comfortable shoes. Lunch is *NOT* provided, and food services is not offered on the holiday weekend, so pack a sack lunch or plan on driving to purchase your lunch. Bring a re-fillable water bottle to maintain adequate hydration during the course. Coffee will be available for a small donation and vending machines are on site.

CERTIFICATION REQUIREMENTS

Students must attend and successfully complete the 24 hour Basic Archery Instructor Trainer (BAIT) course. To successfully complete the course. Students must demonstrate the ability to model the “11 Steps to Archery Success” as defined by the NASP training manual. The student must also be able to teach this information to Basic Archery Instructor (BAI) candidates. BAIT’s must also pass the BAI test with 80% accuracy and an additional BAIT test with 80% accuracy.

RECERTIFICATION REQUIREMENTS

To retain certification, BAIT’s must teach a BAI class every year. If not teaching a BAI class each year, BAIT’s still retain their BAI status by completing the BAI requirements.

REGISTRATION AND POLICIES

1. **Complete the online Course Registration Form:** www.BHSU.edu/OERegister.
2. **Optional College Credit:** One college credit is available for this course for \$40, payable by cash, check, or money order made out to “BHSU.” Sorry, no credit cards. This is optional; you can take the BAIT course without taking it for college credit. To obtain the credit form, email Outdoor Education Coordinator Christine McCart at Christine.mccart@bhsu.edu.

CANCELLATION AND REFUND POLICY

Full refunds can be provided to students who drop the course on web adviser AND contact the course coordinator christine.mccart@bhsu.edu if they do so PRIOR to course start. No shows will be not be refunded and will receive a grade of "F" on their official transcript.

TRAVEL AND DIRECTIONS

The course will be held in the Donald Young Center on the campus of Black Hills State University. Click here for [Directions and Map](#). Inquire with the BHSU course host about a parking pass the first day of the course.

LODGING AND MEALS

Means nor lodging are not offered for this course. The Spearfish Chamber of Commerce has an excellent listing of area accommodations (motels, resorts, cabins, campgrounds). You may view these at http://www.spearfishchamber.org/visit_us/spearfish_lodging.php or call the Chamber of Commerce at 1-800-626-8013.

OTHER COURSE POLICIES

- Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. The only exception to this policy is official service animals.
- No alcohol or tobacco is allowed on site.

CONTACT INFORMATION

Please contact us with any questions or concerns you may have.

Curt Robertson

Whippoorwill Programming
Contract Program for SD GFP

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Email: outdoorprogramming@gmail.com

Web: <http://www.whippourwill.net/OutdoorProg.htm>

Christine McCart

Black Hills State University
Outdoor Education Program

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Web: <http://www.bhsu.edu/chrimccart/>

Tentative Course Outline/Schedule:

Day One

8:00AM **Registration and Handing Out of Literature**

8:30 **Welcome and Introduction**

8:45 **Overview of the National Archery in the School Program**

9:15 **Safe Range Set Up**

*Evaluate the site, plan range lay-out

*Explain set up of arrow net, targets, range lines, bow rack, quivers

*Explain whistle commands and dry fire

9:45 **String Bow Training Device**

*Determine Dominant Eye

*Purpose and making a string bow

10:15 **Break**

10:30 **11 Steps to Archery Success**

*Use string bow to teach form, execution, and reflection

*Practice with String Bow

10:45 **Individual and Coaching Skills Development**

*Coaching Positions

*Positive feedback, classroom management

11:10 **Safety Orientation and Teaching a New Archer**

- *operating a safe range and demonstrating a shot
- *supervising initial shooting
- 11:40 **Practical Exercise for Students**
- *Students practice running the range and practice coaching
- 12:00 **Sack Lunch**
- 12:30 **Continue Practical Exercise for Students**
- 1:50 **Break**
- 2:05 **Running the Range**
- *Students run the range at full speed
- 2:45 **Equipment Nomenclature, Inspection, Operation, Maintenance and Repair**
- *Arrow station
- *Bow station
- 3:45 **Break**
- 4:00 **Wrap Up Activities, Test Review, Take Test, Grade, Complete Paperwork**
- 5:30 **Adjourn**

Day Two

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| 8:30AM How to Introduce a Subject | Instructor |
| 8:40 Effective Use of Visual Aids | Instructor |
| 8:05 Practice coaching and Shooting | Instructor |
| Begin Practice Teaching and Critiquing | |
| 8:45 Safe Range Set Up and Operation | Student-led lesson |
| 9:10 String Bow Training Device | Student-led lesson |
| *Determine dominant eye (10 min) | |
| *Purpose and making a string bow (20 min.) | |
| 9:40 11 Steps to Archery success | Student-led lesson |
| 10:15 Break | |
| 10:30 Individual and Coaching Skills Development | Student-led lesson |
| *Coaching positions (10 min.) | |
| *Positive reinforcement and feedback (10 min.) | |
| *Disruptive students (10 min.) | |
| 11:00 Safety orientation and Teaching a New Archer | Student-led lesson |
| 11:20 Running the Range and Practice Coaching | Student-led lesson |
| 12:00 Lunch | |
| 12:30 Practice coaching and shooting | Instructor |
| Continue Practice Teaching and Critiquing | |
| 1:30 Equipment Nomenclature, Inspection, Operation | Student-led lesson |
| *Arrow station (30 min.) | |
| *Genesis bow station (30 min.) | |
| 2:30 Break | |
| 2:45 Logistics and Moderating a BAI course | Instructor |
| 3:15 Wrap Up Activities; Test Review, Testing and Paperwork | Instructor |
| 5:30 Adjourn for the day | |

Day Three

8:30 AM – 5:30 pm

Day three is taught by the new trainers under the supervision of the specialist. The students on this day are teachers who will teach the course in school.

The schedule for day three is the same as the schedule for day one.