

1200 University Street, Unit 9401 Spearfish, South Dakota 57799

# National Archery in the Schools Program Basic Archery Instructor Course

Sponsored by Black Hills State University Outdoor Education Program and SD Game, Fish, and Parks

**DATES:** January 16, 2017 from 8:30 am – 5:30 pm COST: Free (supported by SD Game, Fish, and Parks)

Registration at www.bhsu.edu/oeregister

LOCATION: Donald Young Center on the Campus of Black Hills State University in Spearfish, SD.

#### **COURSE DESCRIPTION**

The National Archery in the Schools Program is an in-school program that promotes the teaching of international-style archery. The program is a cooperative effort between conservation agencies, state Departments of Education, local school districts and archery enthusiasts. The S.D. Department of Game, Fish and Parks, in cooperation with the S.D. Department of Education, sponsor the program in South Dakota. Thematic units of study are provided to schools adopting the program so the concepts of archery can be taught across the curriculum. Study units available include science, reading, social studies and math. These units have been correlated to match the South Dakota Content Standards at various grade levels. More information n the National Archery in the Schools Program can be found at http://www.nasparchery.com/activea.asp

### **Tentative Course Outline/Schedule:**

### 8:00AM Registration and Handing Out of Literature

8:30 Welcome and Introduction

# 8:45 Overview of the National Archery in the School **Program**

### 9:15 Safe Range Set Up

\*Evaluate the site, plan range lay-out

\*Explain set up of arrow net, targets, range lines, bow rack, quivers

\*Explain whistle commands and dry fire

### 9:45 String Bow Training Device

\*Determine Dominant Eye

\*Purpose and making a string bow

10:15 **Break** 

### 10:30 11 Steps to Archery Success

\*Use string bow to teach form, execution, and reflection

\*Practice with String Bow

## 10:45 Individual and Coaching Skills Development

\*Coaching Positions

\*Positive feedback, classroom management

# 11:10 Safety Orientation and Teaching a New Archer

\*operating a safe range and demonstrating a shot

\*supervising initial shooting

# 11:40 Practical Exercise for Students

\*Students practice running the range and practice coaching

12:00 Sack Lunch

12:30 Continue Practical Exercise for Students

1:50 **Break** 

2:05 Running the Range

\*Students run the range at full speed

# 2:45 Equipment Nomenclature, Inspection, Operation, Maintenance and Repair

\*Arrow station

\*Bow station

3:45 **Break** 

4:00 Wrap Up Activities, Test Review, Take Test, Grade, Complete Paperwork

5:30 Adjourn

### CLASS FORMAT AND PERSONAL PREPARADNESS

Check in is at 8:15 am on the first day of the course. The course concludes at 5:30 pm. The class format is classroom lectures integrated with practice sessions. Practice sessions will take place primarily inside, although we may set up outdoors if the weather is nice. Dress in comfortable, casual clothing appropriate for mild physical activity. Wear comfortable shoes. Lunch is NOT provided, and food services is not offered on the holiday weekend, so pack a sack lunch or plan on driving to purchase

your lunch. Bring a re-fillable water bottle to maintain adequate hydration during the course. Coffee will be available for a small donation and vending machines are on site.

### **CERTIFICATION REQUIREMENTS**

Information here about what minimum criteria need to meet to get certified. Can provide a link to a website.

### RECERTIFICATION REQUIREMENTS

Information here on what need to do to certify/stay current.

#### **REGISTRATION AND POLICIES**

1. Complete the online Course Registration Form: www.BHSU.edu/OERegister.

### **CANCELLATION**

Please contact <a href="mailto:christine.mccart@bhsu.edu">christine.mccart@bhsu.edu</a> if you must cancel so that we can adequately plan.

### TRAVEL AND DIRECTIONS

The course will be held in the Donald Young Center on the campus of Black Hills State University. Click here for <u>Directions and Map.</u> Inquire with the BHSU course host about a parking pass the first day of the course.

#### LODGING AND MEALS

Means nor lodging are not offered for this course. The Spearfish Chamber of Commerce has an excellent listing of area accommodations (motels, resorts, cabins, campgrounds). You may view these at

http://www.spearfishchamber.org/visit\_us/spearfish\_lodging.php or call the Chamber of Commerce at 1-800-626-8013.

### OTHER COURSE POLICIES

- Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be
  asked to leave until the pet is safely situated in a kennel or other facility. The only exception to this policy is official
  service animals.
- No alcohol or tobacco is allowed on site.

### **CONTACT INFORMATION**

Please contact us with any questions or concerns you may have.

**Curt Robertson** 

Whippoorwill Programming Contract Program for SD GFP

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