



1200 University Street, Unit 9401
Spearfish, South Dakota 57799

Outdoor Education Program

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Fundamentals of Rock Climbing at Custer State Park

Sponsored by BHSU Academic Outdoor Education Program and the Collegiate Outdoor Leadership Program

- DATE:** October 17, 2015
- TIME:** 8:00 AM – 5:00 pm
- LOCATION:** Young Center Rock Wall for Orientation and Equipment Check Out, then departing in University Vans for climbing area at Custer State Park. [Click here for a map.](#)
- FOR:** BHSU students, faculty, staff, alumni, family members, community members. Youth must be at least 12 years old and be accompanied by a paying guardian.
- LIMIT:** 18 participants
- COST:** \$10.00/person for current BHSU Outdoor Education Students
\$25/person for non-OE BHSU students, Faculty, Staff, BHSU Alumni, and immediate family members
\$40/person for community members.

PROGRAM DESCRIPTION

Want an introduction to the sport of rock climbing? Or freshen up your skills and get some tips from our friendly COLP climbers? Or meet others interested in climbing? Or experience climbing in one of our premier climbing areas in the central Black Hills? Do you not have the time or funds to take BHSU's Beginning to Rock Climbing class? Do you want to have a fun day with friends and family? Then this program may be for you. We will meet at the rock wall in the Young Center at 8:00 am for an orientation and equipment check-out. Then we will drive in university vans to our climbing location in Custer State Park. We will hike $\frac{1}{4}$ to $\frac{1}{2}$ mile in to our climbing location(s), and practice belaying, top-rope climbing, and other skills as time and group interest allows. Participants will provide their own sack lunch, water, and snacks. The Outdoor Education Program (OEP) will provide equipment, friendly instruction, and risk management. Restrooms are located at the trail-head.

Bad weather plan: If it is rainy, snowing, or too cold, we may stay on campus at the rock wall for part or all of the day.

Note: This is a group program that focuses on beginning, top-roping climbing skills. If you are an "independent" type that wants to go off and climb by yourself, then this program is not for you.

PREREQUISITES:

This program is designed for beginners. You do not need to be in great shape to participate – climbs for multiple levels of abilities will be set up. You should have the ability to hike $\frac{1}{4}$ to $\frac{1}{2}$ mile to our climbing location over un-even trails.

WHAT TO BRING

Note that the temperature at Custer State Park can be much colder than Spearfish. Please bring appropriate and comfortable outdoor clothing. This includes long pants, close-toed shoes, shirt, sweater, hat, sunglasses, and raingear. You should also bring sunscreen. You may wish to bring a camera, sunglasses, or bug spray. Bring a daypack/book bag to carry your extra layers and some group gear. Also pack a **sack lunch** and **snacks** and bring **two full quarts of water**. Bring any needed medications, including Benadryl and epinephrine (epi-pen) if you have known reactions to environmental hazards.

REGISTRATION AND POLICIES

1. **Complete the online Course Registration Form:** www.BHSU.edu/OERegister.
2. **Pay the Course Registration Fee:** \$10 for current BHSU Outdoor Education students; \$25 for other BHSU Students, Faculty, Staff, Alumni, or immediate family members, \$40 for public. Payment in full is required to reserve your spot in the course.

The Course Registration Fee is non-transferable and covers all equipment and transportation. BHSU is not obligated to allow anyone to attend the course until all BHSU paperwork has been received, reviewed, and approved. You can pay the Course Registration Fee via credit card at the BHSU e-Marketplace at <http://emarket.bhsu.edu/>. This is the preferred method of payment. Alternatively, you may pay with check or money order, made out to "BHSU" via Chris McCart, BHSU, 1200 University Street #9401, Spearfish, SD 57799. Note that BHSU cannot accommodate requests for, or bill separately for, components of a course.

CANCELLATION AND REFUND POLICY

If you cancel or withdraw from an OE/COLP course greater than or equal to 30 days prior to the course starting date, we will retain a \$10.00 administrative fee and refund the rest. The remainder of course registration fee collected to date will be refunded. If you cancel or withdraw within 30 days of the course start date, the course registration fee becomes non-refundable and non-transferable. If BHSU/COLP cancels the program for any reason, a full refund will be given.

RISKS

Although BHSU has taken reasonable steps to provide appropriate equipment and skilled instructors for this program, the participant should be aware that there are risks associated with van travel and rock climbing both indoors and outdoors which cannot be eliminated without destroying the unique character of the activity. The same elements that contribute to the unique character of this activity can cause loss or damage to a students' equipment, accidental injury, illness, or in extreme cases, permanent trauma, disability or death. It is not our purpose here to frighten you or reduce your enthusiasm; however, we consider it important for students to know in advance what to expect and be informed of the activity's inherent risks. The risks associated with this rock climbing program can include, but are not limited to accidents related to motor vehicle travel, exposure to the forces of nature, varying weather conditions such as severe heat and cold, lightening, sunburn, frostbite, hypothermia, heat stroke, dehydration, exposure to insect-borne illnesses, travel in rugged terrain, bruises and bumps, and possible accident or illness in places remote from any medical facilities. By signing the Release and Waiver of Liability, Assumption of the Risk and Indemnity Agreement and Consent to Medical Treatment, the participant indicates they understand and accept these risks. Participants who do not accept all the risks cannot attend the program.

TRAVEL AND DIRECTIONS

The course will kick off from the rock wall in the field house of the Donald Young Center on the campus of Black Hills State University. Click here for [Directions and Map](#). Inquire with the BHSU course host about a parking pass if you are not a current faculty or staff at BHSU.

COURSE POLICIES

- Participants must agree to travel in university vehicles to participate in this program.
- Children must be at least 12 years of age, and must be accompanied by a paying guardian.
- As this is a group program, participants agree to stick with the group and follow all safety protocols. Any action which jeopardizes the safety and/or positive learning environment of others is grounds for immediate dismissal possible immediate transport back to Spearfish.
- Pets are not allowed.
- No alcohol or tobacco is allowed on this program.
- If you wish to bring your own gear you may do so, as long as it is inspected by one of the COLP leaders prior to use.

CONTACT INFORMATION

Please contact us with any questions or concerns you may have.

Contact Person: Chris McCart, Assistant Professor of Outdoor Education and COLP advisor

Black Hills State University Outdoor Education Program

Fall Office Hours: M/F 9:00-10:00; T/Th 4:00-5:00; other times by appointment

Office Phone: 605-642-6027

Email: Christine.Mccart@bhsu.edu (preferred means of contact)

Professor Web: <http://www.bhsu.edu/chrismccart>

COLP Web: www.bhsu.edu/colp