



Major: **Exercise Science**
2016-2017 - Status Sheet

Minor: **Health**
Degree: **Bachelor of Science**

120 hours are required to graduate _____
36 hours of upper level are required _____

Exit Exam: PE 462
CAAP Proficiency: _____

B.BS.EXSC-SCI
B.BS.EXSC-EMGT
Prepared by:
Phone #:
Date:

NAME: _____

		Has		Needs	
		100	300	100	300
		200	400	200	400
Gen Ed Requirements					
3	ENGL 101 Composition I				
3	ENGL 201 Composition II				
3	SPCM 101 215 222				
3	MATH: 102, 103, 104, 115, 120, 121, 123, 281				
3-5	Natural Science & Lab				
3-5	Natural Science & Lab				
SOCIAL SCIENCE: take 2 courses from two different subject areas. ARTS & HUMANITIES: take 2 courses from two different subject areas (ART/H) are the same subject). GLOBALIZATION: take 1 course with a # when selecting Social Science or Arts & Humanities courses.					
Social Science - 2 courses required					
ABS 203 ANTH 210#, 220, 230 CJUS 201 ECON 201, 202 GEOG 101, 200, 210#, 212, 219 GLST 201 HDFS 141, 210 HIST 151, 152, 256, 257# INED 211 INFO 102 NATV 110 POLS 100, 102, 141#, 165, 210, 250#, 253 PSYC 101 REL 237 SOC 100, 150, 240, 250, 285 SUST 201 UHON 111, 210 WMST 101					
Arts & Humanities - 2 courses required					
ARAB 101, 102 ARCH 241 ART 111, 112, 121, 123 ARTH 100, 120, 121, 211#, 212#, 231, 251# CHIN 101, 102 ENGL 115, 125, 210, 211#, 212#, 214, 221, 222, 230, 240, 241, 242, 248, 249, 250, 256, 258, 268 FREN 101, 102, 201, 202 GER 101, 102, 201, 202 GFA 101 GREE 101, 102 HIST 111, 112, 121#, 122# HUM 100# 200 LAKL 101, 102, 201, 202 LATI 101, 102 MCOM 151#, 160 MFL 101, 102 MUS 100, 117, 130, 131, 200, 201, 203, 240# PHIL 100, 200, 215, 220, 233, 270, 287 REL 213, 224, 225, 238, 250 RUSS 101, 102 SPAN 101, 102, 201, 202 THEA 100, 131, 200, 201, 231, 270					
Additional hours to total 36 upper level					
Additional hours to total 120					
Health Minor - 18 hours					
3	HLTH 110 Health Concepts				
2	HLTH 201 ATOD Prevention Ed				
1	HLTH 251 First Aid & CPR				
3	HLTH 370 Stress Management				
3	HLTH 410 Current Issues in Health				
3	HLTH 420 K-12 Mthds Hlth Instruction				
3	HLTH 422 Nutrition				
		See major			
		See major			
		See major			
TOTALS:					

		Has		Needs	
		100	300	100	300
		200	400	200	400
Major Requirements					
+ 50% of major/minor courses must be from BHSU					
Required Core = 44 hours					
3	EXS 130 Basic Medical Terminology				
4	EXS 350/L Exercise Physiology/Lab				
3	EXS 353 Kinesiology				
3	EXS 454 Biomechanics				
5	EXS 494 Internship				
1	HLTH 251 First Aid & CPR				
3	HLTH 370 Stress Management				
3	HLTH 422 Nutrition (Writing)				
3	HLTH 425/L Exer Program for Spcial Populatns/Lab (Experiential)				
1	PE 101 The Exercise Science Major				
4	PE 250/L Human Anatomy & Physiology/Lab				
3	PE 280/L Fitness Assessment/Lab				
3	PE 354/L Care & Prevention of Athletic Injuries/Lab				
2	PE 462 Exercise Leadership				
3	PE 482 Theory of Strength Training/Conditioning				
Select one Specialization					
Science Specialization = 15 hours (B.BS.EXSC.SCI)					
BIOL 101/L Biology Survey I/Lab & BIOL 103/L Biology Survey II/Lab					
8	OR				
BIOL 151/L General Biology I/Lab & BIOL 153/L General Biology II/Lab					
CHEM 106/L Chemistry Survey/Lab					
4	OR				
CHEM 112/L General Chemistry I/Lab					
3	MATH 281 Introduction to Statistics				
+ (If Necessary) Additional hours in major to meet 50% rule					
Management Specialization = 15 hours (B.BS.EXSC-EMGT)					
3	BADM 334 Small Business Management				
3	BADM 336 Entrepreneurial Studies I				
3	BADM 360 Organization & Management				
3	OR				
BADM 438 Entrepreneurial Studies II					
3	BADM 370 Marketing				
3	OE 376 Technology Integration				
+ (If Necessary) Additional hours in major to meet 50% rule					
TOTALS:		59			

ID or SSN: _____