Major: **Exercise Science**  
Minors: Health  
Degree: **Bachelor of Science**  

120 hours are required to graduate  
36 hours of upper level are required  

### Gen Ed Requirements

<table>
<thead>
<tr>
<th>Has</th>
<th>Needs</th>
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<tbody>
<tr>
<td>100</td>
<td>300</td>
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</tbody>
</table>

**Social Science - 3 courses required**

- ANTH: 210, 220, 230  
- ECON: 101, 201, 202  
- GEOG: 101, 200, 210, 219  
- HIST: 151, 152, 256, 313  
- POLS: 100, 102, 141, 165, 210, 250, 253, 349  
- PSYC: 101, 102  
- SOC: 100, 150, 240, 250, 285, 350  

**Arts & Humanities - 4 courses required**

- ART: 111, 112, 121, 123  
- ARTH: 100, 121, 211, 212, 231, 251  
- ENGL: 115, 210, 211, 212, 214, 221, 222, 230, 240, 241  
- ENGL: 242, 248, 249, 250, 256, 258, 268, 320, 411  
- HIST: 111, 112, 121, 122  
- MATH: 130, 131, 200, 202, 203, 230, 231, 240  
- PHIL: 100, 200, 215, 220, 233, 270  
- REL: 213, 224, 225, 238, 250, 270  
- THEA: 100, 131, 200, 201, 231, 270  
- FREN: 101, 102  
- GER: 101, 102  
- RUSS: 101, 102  
- SPAN: 101, 102  
- ARAB/GREE  
- MCOM: 151  

**Social Science: take 3 courses from at least two different subject areas. Arts & Humanities: take 4 courses from at least two different subject areas (ART(H) are the same subject).**

### Health Minor - 18 hours

- HLTH 110 - Health Concepts  
- HLTH 201 - ATOD Prevention Ed  
- HLTH 251 - First Aid & CPR  
- HLTH 370 - Stress Management  
- HLTH 410 - Medical Issues in Health  
- HLTH 420 - Methods Health Instruction  
- HLTH 422 - Nutrition  

**Management Specialization = 18 hours**

- BADM 334 - Small Business Management  
- BADM 336 - Entrepreneurial Studies I  
- BADM 370 - Marketing  
- BADM 438 - Entrepreneurial Studies II  
- BADM 474 - Personal Selling  
- OE 376 - Technology Integration

**Science Specialization = 18 hours**

- BIOL 101 - Biology Survey I & 101L Lab  
- BIOL 103 - Biology Survey II & 103L Lab  
- CHEM 106 - Chemistry Survey & 106L Lab  
- CHEM 112 - General Chemistry I & 112L Lab  
- MATH 281 - Introduction to Statistics  
- MATH 381 - Introduction to Statistics  
- MATH 382 - Introduction to Statistics  
- MATH 454 - Biomechanics  
- MATH 456 - Biomechanics  
- MATH 458 - Biomechanics

**Additional hours to total 36 upper level**

**Additional hours to total 120**

**TOTALS:** 59