Major: **Exercise Science**

2011-2012 - Status Sheet

Minor: **Health**

Degree: **Bachelor of Science**

128 hours are required to graduate _____

36 hours of upper level are required _____

B.BS.EXSC-SCI

B.BS.EXSC-EMGT

Prepared by:

Phone #:

Date:

Exit Exam: _____

Rising Jr Exam: _____

NAME:

ID or SSN:

Gen Ed Requirements	Has 100 200	Has 300 400	Needs 100 200	Needs 300 400
Computer Tech: HSREQ, MIS 105 or 205:				
3 ENGL 101 Composition I				
3 ENGL 201 Composition II				
3 SPCM 101 215 222				
3 MATH: 102, 103, 104, 115, 120, 121, 123, 281				
3-5 Natural Science & Lab				
3-5 Natural Science & Lab				
2 WEL 100/L Wellness & Lab				
Social Science: take 3 courses from at least two different subject areas. Arts & Humanities: take 4 courses from at least two different subject areas (ART(H) are the same subject).				
Social Science - 3 courses required				
ANTH: 210, 220, 230 CJUS: 201				
ECON: 101, 201, 202 HDFS: 141, 210				
GEOG: 101, 200, 210, 212, 219 GLST: 201				
HIST: 151, 152, 153, 256, 257, 313				
POLS: 100, 102, 141, 165, 210, 250, 253, 349				
PSYC: 101, 102 REL: 237				
SOC: 100, 150, 240, 250, 285, 350				
Arts & Humanities - 4 courses required				
ART: 111, 112, 121, 123 GFA: 101				
ARTH: 100, 121, 211, 212, 231, 251				
ENGL: 115, 210, 211, 212, 214, 221, 222, 230, 240, 241				
ENGL: 242, 248, 249, 250, 256, 258, 268, 320, 411				
HIST: 111, 112, 121, 122 MFL: 101, 102, 134				
HUM: 100, 200, 254, 387, 388 MCOM: 151				
MUS: 100, 130, 131, 200, 201, 203,230, 231, 240				
PHIL: 100, 200, 215, 220, 233, 270 MERP: 160				
REL: 213, 224, 225, 238, 250, 270				
THEA: 100, 131, 200, 201, 231, 270				
FREN: 101, 102 GER: 101, 102 RUSS: 101, 102				
LAKL: 101, 102 SPAN: 101, 102 ARAB/GREE				
Global Requirement: depending on your selection, this requirement will satisfy 3 hours of either Social Science or Arts & Humanities requirements. Take 1 course from: AIS/HIST 257, ANTH 210, ARTH 211/212/251, ENGL 211/212, GEOG 210, HIST 121/122/153, HUM 100, MCOM 151, MUS 130, POLS 141/250				
Health Minor - 18 hours				
3 HLTH 110 Health Concepts				
2 HLTH 201 ATOD Prevention Ed				
1 HLTH 251 First Aid & CPR				
3 HLTH 370 Stress Management				
3 HLTH 410 Current Issues in Health				
3 HLTH 420 Methods Health Instruction				
3 HLTH 422 Nutrition				
Additional hours to total 36 upper level				
Additional hours to total 128				
TOTALS:				

Major Requirements	Has 100 200	Has 300 400	Needs 100 200	Needs 300 400
+ 50% of major/minor courses must be from BHSU				
Required Core = 41				
1 HLTH 251 First Aid & CPR				
3 HLTH 370 Stress Management				
3 HLTH 422 Nutrition				
2 HLTH 425 Exercise Programming for Special Populations				
1 HLTH 425L Exercise Programming/Special Populations Lab				
2 PE 216 Fitness Assessment				
1 PE 216L Fitness Assessment Lab				
3 PE 250 Human Anatomy & Physiology				
1 PE 250L Human Anatomy & Physiology Lab				
3 PE 350 Exercise Physiology				
3 PE 353 Kinesiology				
3 PE 354 Care & Prevention of Athletic Injuries				
3 PE 462 Exercise Leadership				
3 PE 482 Theory of Strength Training/Conditioning				
9 PE 494 Internship				
Select one Specialization				
Science Specialization = 18 hours				
(B.BS.EXSC.SCI)				
4 BIOL 101 Biology Survey I & 101L Lab				
AND				
4 BIOL 103 Biology Survey II & 103L Lab				
OR				
BIOL 151 General Biology I & 151L Lab				
AND				
BIOL 153 General Biology II & 153L Lab				
4 CHEM 106 Chemistry Survey & 106L Lab				
OR				
CHEM 112 General Chemistry I & 112L Lab				
3 MATH 281 Introduction to Statistics				
3 PE 454 Biomechanics				
+ (If Necessary) Additional hours in major to meet 50% rule				
Management Specialization = 18 hours				
(B.BS.EXCS-EMGT)				
3 BADM 334 Small Business Management				
3 BADM 336 Entrepreneurial Studies I				
3 BADM 370 Marketing				
3 BADM 438 Entrepreneurial Studies II				
3 BADM 474 Personal Selling				
3 OE 376 Technology Integration				
+ (If Necessary) Additional hours in major to meet 50% rule				
TOTALS:				