## Major: Exercise Science
### 2011-2012 - Status Sheet
#### Minor: Athletic Coaching
#### Degree: Bachelor of Science

- 128 hours are required to graduate
- 36 hours of upper level are required

### Degree Requirements

#### Required Core = 41
1. **HLTH 251** First Aid & CPR
2. **HLTH 370** Stress Management
3. **HLTH 422** Nutrition
4. **HLTH 425/L** Exercise Programming/Special Populations w/Lab
5. **PE 216** Fitness Assessment
6. **PE 216L** Fitness Assessment Lab
7. **PE 250** Human Anatomy & Physiology
8. **PE 250L** Human Anatomy & Physiology Lab
9. **PE 350** Exercise Physiology
10. **PE 353** Kinesiology
11. **PE 354** Care & Prevention of Athletic Injuries
12. **PE 462** Exercise Leadership
13. **PE 482** Theory of Strength Training/Conditioning
14. **PE 494** Internship

### Select one Specialization
- **Science Specialization = 18 hours (B.BS.EXSC.SCI)**
  1. **BIOL 101** Biology Survey I & 101L Lab
  2. **BIOL 103** AND Biology Survey II & 103L Lab
  OR
  1. **BIOL 151** General Biology I & 151L Lab
  2. **BIOL 153** AND General Biology II & 153L Lab
  3. **CHEM 106** Chemistry Survey & 106L Lab
  OR
  1. **CHEM 112** General Chemistry I & 112L Lab
  2. **CHEM 210** Introduction to Statistics
  3. **PE 454** Biomechanics

- **Management Specialization = 18 hours (B.BS.EXCS-EMGT)**
  1. **BADM 334** Small Business Management
  2. **BADM 336** Entrepreneurial Studies I
  3. **BADM 370** Marketing
  4. **BADM 438** Entrepreneurial Studies II
  5. **BADM 474** Personal Selling
  6. **OE 376** Technology Integration
  OR
  1. **BADM 474** Small Business Management
  2. **BADM 476** Entrepreneurial Studies II
  3. **BADM 478** Personal Selling
  4. **OE 376** Technology Integration

### Minor in Athletic Coaching - 25 hours

- 1 take one of the following
  1. **PE 470** Coaching Basketball
  2. **PE 471** Coaching Football
  3. **PE 473** Coaching Track/Field/Cross Country
  4. **PE 474** Coaching Wrestling
  5. **PE 475** Coaching Volleyball
- 4 take two (or 1*) of the following
  1. **PE 440** Org. & Administration of HPER/A
  2. **PE 453** Sport Psychology

### Global Requirement: depending on your selection, this requirement will satisfy 3 hours of either Social Science or Arts & Humanities requirements. Take 1 course from: AJS/HIST 257, ANTH 210, ARTH 211/212/251, ENGL 211/212, GEOG 210, HIST 121/122/153, HUM 100, MCOM 151, MUS 130, POLS 141/250

### Additional Hours to Total 128