

Major: **Composite Wellness Mgmt.**

Minor: \_\_\_\_\_

Exit Exam: \_\_\_\_\_

Degree: **BS**

Rising Jr Exam: \_\_\_\_\_

NAME: \_\_\_\_\_

Prepared by: \_\_\_\_\_  
Phone #: \_\_\_\_\_

Date: \_\_\_\_\_

**128 hours are required to graduate**  
**36 hours of upper level are required**

				Has		Needs	
Gen Ed Requirements				100	300	100	300
				200	400	200	400
3	ENGL	101	Composition I				
3	ENGL	201	Composition II				
3	SPCM	101	215 222				
3	MATH	102	College Algebra				
3-5	Natural Science & Lab						
3-5	Natural Science & Lab						
2	WEL	100/L	Wellness & Lab				

For SGR - Social Science, take 2 courses from two different subject areas. For IGR - Social Science take 1 additional course of your choice. For SGR - Arts & Humanities take 2 courses from two different subject areas. For IGR - Arts & Humanities take 2 additional courses of your choice.

**Social Science - 9 hours required**

ANTH	210	CJUS	201				
ECON	201	202	HDFS	141	210		
GEOG	101	210					
HIST	151	152	153	257	313#		
POLS	100	141	250	349#			
PSYC	101						
SOC	100	150	350#				

**Arts & Humanities - 12 hours required**

ARTH	100	121	211	251	ART	111	
ENGL	115	210	211	212	221	241	
ENGL	248	249	256	320#	411#		
FREN	101	102	MCOM	151			
GER	101	102					
HIST	121	122	REL				
HUM	100	387#	388#				
LAKL	101	102					
MUS	100	130	200				
PHIL	100	200	220	MFL			
SPAN	101	102					
THEA	100	131	270				

\* Global Requirement: depending on your selection, this requirement will satisfy 3 hours of either Social Science or Arts & Humanities requirements. Take 1 course from: AIS/HIST 257, ANTH 210, ARTH 211/212/251, ENGL 211/212, GEOG 210, HIST 121/122/153, HUM 100, MCOM 151, MUS 130, POLS 141/250

Writing	Global	Research					
<b>TOTALS:</b>							

				Has		Needs	
Major Requirements				100	300	100	300
				200	400	200	400
<b>Required Core - 23 semester hours</b>							
3	ACCT	210	Principles of Accounting I				
3	BADM	360	Organization and Management				
3	ECON	201	Principles of Microeconomics (gen ed)				
1	HLTH	251	First Aid & CPR				
3	MCOM	161	Fundamentals of Desktop Publishing				
3	PE	216	Fitness Assessment				
3	PE	250	Human Anatomy & Physiology				
1	PE	250L	Human Anatomy & Physiology Lab				
3	PSYC	417	Health Psychology				
<b>Professional Core - 36 semester hours</b>							
3	BADM	370	Marketing				
3	HLTH	422	Nutrition				
3	HLTH	425	Wellness Evaluation				
3	PE	350	Exercise Physiology				
3	PE	352	Adapted Physical Education				
3	PE	353	Kinesiology				
3	PE	462	Exercise Leadership				
3	PE	482	Theory of Strength Training & Conditioning				
9	PE	494	Internship				
3	PSYC	365	Contemporary Human Behavior				
<b>TOTALS:</b>							

ID or SSN: \_\_\_\_\_