

Physical Education

Bachelor of Science in Education (B.S. Ed.)



Learn It, Teach It, Live It!

Does human movement fascinate you? Do you want to teach exciting skills and activities that positively impact the lives of youth? The BHSU K-12 Physical Education program combines the excitement of learning skills and strategies with the science of human movement and the art of effective teaching.

Prepare For Your Future

BHSU's field-based philosophy gets students out of their seats and onto their feet. We'll prepare you to teach nationwide in traditional and alternative learning environments. You'll learn effective teaching methods for applying scientifically-based knowledge of human movement to developmentally appropriate activities. Your knowledge and skills will be developed throughout the program with students in all grade levels. We deliver on our promise to prepare competent, confident, and caring professionals.

Learn From The Best

BHSU's faculty focus on YOU! Your success is our reward! BHSU's Physical Education professors model the fitness, values, and characteristics of effective physical educators.

Take your skills to a whole new level while learning and training at the state-of-the-art Donald E. Young Sports and Fitness Center. BHSU's facilities are second to none in the region and provide an exciting learning environment for your degree training. You'll also have the opportunity to develop knowledge and skills in coaching and health education to complement your Physical Education major.

Enjoy The Experience

Become involved in a variety of professional and social organizations such as the Physical Education and Recreation Leadership Club, Fellowship of Christian Athletes Huddle, South Dakota Education Association, Kappa Delta Pi, and the South Dakota Association for Health, Physical Education, Recreation and Dance.

find your career:

BHSU will prepare you to teach Physical Education in pre-K through 12th grade in public or private schools, at Boys and Girls Clubs, or in recreation centers.

connect with us



1.800.ALL.BHSU

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Physical Education

Required Core

1cr	HLTH 251	First Aid & CPR
3cr	HLTH 422	Nutrition
1cr	PE 121	Intermediate Swimming (Level 4)
2cr	PE 180	Foundations of HPER
3cr	PE 181	Fundamentals of Elementary PE AND PE 181L Lab
1cr	PE 201	Professional Preparation: Gymnastics
1cr	PE 204	Professional Preparation: Rhythm & Dance
4cr	PE 250	Human Anatomy & Physiology AND PE 250L Lab
3cr	PE 263	Physical Education Outdoors
2cr	PE 341	Curriculum Development & Evaluation
3cr	PE 352	Adapted Physical Education
4cr	PE 353	Kinesiology AND 353L Lab
3cr	PE 354	Prevention & Care of Athletic Injuries AND 354L Lab
4cr	PE 363	Skills Concepts AND PE 363L Lab
4cr	PE 364	Skill Concepts II AND 364L Lab
5cr	PE 481	PE Methods & Evaluation

Choose Option A or B (3 credits)

- A) **HLTH 420** Methods of Health Instruction
- B) **HLTH 321** K-8 Methods of Teaching Health

AND one of the following courses:

PE 469	Coaching Baseball/Softball
PE 470	Coaching Basketball
PE 471	Coaching Football
PE 473	Coaching Track/Field/CC
PE 474	Coaching Wrestling
PE 475	Coaching Volleyball

Pre-Professional Teaching Core

1cr	EDFN 295	Practicum: Pre-Admission Teaching
2cr	EDFN 338	Foundations of American Education
3cr	EPSY 302	Educational Psychology
3cr	EPSY 428	Child & Adolescent Development
3cr	INED 411	South Dakota Indian Studies
3cr	PSYC 101	General Psychology **
3cr	SPED 100	Intro to Persons with Exceptionalities

Professional K-12 Teaching Core

3cr	EDFN 365	Computer-Based Technology & Learning
1cr	EDFN 375	Methods of Technology Integration
1cr	EDFN 440	Classroom Management
3cr	SEED 450	7-12 Reading and Content Literacy
1cr	SEED 495	Practicum: Pre-Student Teaching
3cr	EDFN 475	Human Relations
9cr	ED 488	K-12 Student Teaching

General Education Requirements

Gen Ed	Mathematics	3 semester hours
Gen Ed	Social Science	3 semester hours
Gen Ed	Arts & Humanities	6 semester hours
Gen Ed	Natural Science & Lab	6-10 semester hours
ENGL 101	Composition I	
ENGL 201	Composition II	
SPCM 101	OR SPCM 215 OR SPCM 222	Speech

A *minor* is NOT required with this major but electives are required to total 120 hours, of which 36 hours must be 300/400 level courses.

Students are encouraged to pursue a minor, but to be certified to teach, a content praxis exam must be passed in both the major & minor areas of study.

**Completes one general education requirement.