### Major Requirements

**Must earn grade of “C” or better in all required coursework.**

**Required Core - 42 semester hours**

1. **Choose option A or B**

#### A) HLTH 420 Methods of Health Instruction

#### B) HLTH 321 K-8 Methods of Teaching Health

**and one of the following courses:**

- PE 469 Coaching Baseball/Softball
- PE 470 Coaching Basketball
- PE 471 Coaching Football
- PE 473 Coaching Track/Field/CC
- PE 474 Coaching Wrestling
- PE 475 Coaching Volleyball

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**Pre-Professional Teaching Core - 18 semester hours**

- HLTH 251 First Aid & CPR
- HLTH 422 Nutrition
- PE 121 Intermediate Swimming (level 4)
- PE 180 Foundations of HPER
- PE 181 Fundamentals of Elementary PE
- PE 181L Fundamentals of Elementary PE Lab
- PE 201 Professional Preparation: Gymnastics
- PE 204 Professional Preparation: Rhythm & Dance
- PE 250 Human Anatomy & Physiology & 250L Lab
- PE 263 Physical Education Outdoors
- PE 341 Curriculum Development & Evaluation
- PE 352 Adapted Physical Education
- PE 353 Kinesiology
- PE 354 Prevention & Care of Athletic Injuries
- PE 363 Skills Concept & 363L Lab
- PE 481 Methods & Evaluation (Writing/Experiential)

**Pre-Professional Teaching Core - 18 semester hours**

1. EDFN 295 Practicum: Pre-Admission Teaching
2. EDFN 338 Foundations of American Education
3. EPSY 302 Educational Psychology
4. EPSY 428 Child & Adolescent Development
5. INED 411 South Dakota Indian Studies
6. PSYC 101 General Psychology (gen ed)
7. SPED 405 Educating Secondary Students with Disabilities

**Professional K-12 Teaching Core - 19 semester hours**

1. EDFN 365 Computer Based Technology & Learning
2. SEED 450 7-12 Reading & Content Literacy
3. SEED 495 Practicum: Pre-Student Teaching

**Minor in Athletic Coaching - 25 Hours**

1. HLTH 422 Nutrition
2. PE 250 Human Anat/Phys & 250L
3. PE 350 Exercise Physiology
4. PE 353 Kinesiology
5. PE 354 Prevent/Care of Athletic Injuries
6. PE 454 Biomechanics
7. take one of the following:
   - PE 469 Coach Baseball/Softball, PE 470 Coach Basketball, PE 471 Coach Football, PE 473 Coach Track/Field/CC, PE 474 Coach Wrestling, or PE 475 Volleyball
8. take two of the following:
   - PE 440 Org. & Admin HPER/A
   - PE 453 Sport Psychology

**TOTALS:**

- **79**