## Major: Exercise Science
### 2014-2015 - Status Sheet

**Minor:** Bachelor of Science

120 hours are required to graduate
36 hours of upper level are required

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### Gen Ed Requirements

<table>
<thead>
<tr>
<th>Course</th>
<th>Has</th>
<th>Needs</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGL 101</td>
<td>Composition I</td>
<td></td>
</tr>
<tr>
<td>ENGL 201</td>
<td>Composition II</td>
<td></td>
</tr>
<tr>
<td>SPCM 101</td>
<td>215</td>
<td>222</td>
</tr>
<tr>
<td>MATH 102, 103, 104, 115, 120, 121, 123, 281</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Natural Science &amp; Lab</td>
<td>3-5</td>
<td></td>
</tr>
<tr>
<td>Natural Science &amp; Lab</td>
<td>3-5</td>
<td></td>
</tr>
<tr>
<td>WEL</td>
<td>100</td>
<td>L, Wellness &amp; Lab</td>
</tr>
</tbody>
</table>

### Social Science - 3 courses required

- ANTH: 210#, 220, 230, CJUS 201, ECON 101, 201
- ECON 202
- GLST 201, HDFS 141, 210, HIST 151, 152, 256
- HIST 257#
- INED 211
- INFO 110
- NATV 110
- REL 237
- SOC 100, 150, 240, 250, 285
- SUST 201
- UHON 111, 210

### Arts & Humanities - 4 courses required

- ARAB 101, 102
- ART 111, 112, 121, 123
- ARTH 100
- ARTH 121, 211#, 212#, 231, 251#
- CHIN 101, 102
- ENGL 115, 210, 211#, 212#, 214, 221, 222, 230, 240
- ENGL 241, 242, 248, 249, 250, 256, 258, 268
- FREN 101, 102, 201, 202
- GER 101, 102, 201, 202
- GFA 101
- GREE 101, 102
- HIST 111, 112, 121, 123#
- HUM 100#, 200
- LAK 101, 102
- LATI 101, 102
- MCOM 151#, 160
- MFL 101, 102
- MUS 100, 130, 131
- MUS 200, 201, 240
- PHIL 100, 200, 215, 220, 233
- PHIL 270, 287
- REL 213, 224, 225, 238, 250, 270
- RUSS 101, 102
- SPAN 101, 102, 201, 202
- THEA 100, 131, 200, 201, 231, 270

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### Social Science: take 3 courses from at least two different subject areas. Arts & Humanities: take 4 courses from at least two different subject areas (ART/H are the same subject). Globalization: take 1 course with a # when selecting Social Science or Arts & Humanities courses.

### Additional hours to total 36 upper level

### Additional hours to total 120

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### Major Requirements

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#### Required Core = 41

<table>
<thead>
<tr>
<th>Course</th>
<th>Has</th>
<th>Needs</th>
</tr>
</thead>
<tbody>
<tr>
<td>HLTH 251</td>
<td>First Aid &amp; CPR</td>
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<tr>
<td>HLTH 370</td>
<td>Stress Management</td>
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<tr>
<td>HLTH 422</td>
<td>Nutrition (Writing)</td>
<td></td>
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<tr>
<td>HLTH 425/L</td>
<td>Exer Program for Special Populations/Lab (Experiential)</td>
<td></td>
</tr>
<tr>
<td>PE 216/L</td>
<td>Fitness Assessment/Lab</td>
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</tr>
<tr>
<td>PE 250/L</td>
<td>Human Anatomy &amp; Physiology/Lab</td>
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<tr>
<td>PE 350</td>
<td>Exercise Physiology</td>
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<tr>
<td>PE 353</td>
<td>Kinesiology</td>
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<tr>
<td>PE 354</td>
<td>Care &amp; Prevention of Athletic Injuries</td>
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<tr>
<td>PE 462</td>
<td>Exercise Leadership</td>
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<tr>
<td>PE 482</td>
<td>Theory of Strength Training/Conditioning</td>
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<tr>
<td>PE 494</td>
<td>Internship</td>
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</tr>
</tbody>
</table>

### Select one Specialization

#### Science Specialization = 18 hours

- BIOL 101/L, Biology Survey I/Lab & BIOL 103/L, Biology Survey I/Lab
- OR
- OR
- BIOL 151/L, General Biology I/Lab & BIOL 153/L, General Biology II/Lab
- OR
- CHEM 106/L, Chemistry Survey/Lab
- OR
- CHEM 112/L, General Chemistry I/Lab
- OR
- MATH 281, Introduction to Statistics
- PE 454, Biomechanics
- OR
- Additional hours in major to meet 50% rule

#### Management Specialization = 18 hours

- BADM 334, Small Business Management
- BADM 336, Entrepreneurial Studies I
- BADM 370, Marketing
- BADM 438, Entrepreneurial Studies II
- BADM 474, Personal Selling
- OE 376, Technology Integration
- OR
- Additional hours in major to meet 50% rule

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### TOTALS:

59